



Saskatchewan
Parks and Recreation
Association

2017-18 ANNUAL REPORT

ABOUT US

SPRA is the recognized leader for the wellbeing of people and communities through recreation.



- Training
- Education
- Public Relations
- Funding
- Information Management
- Research
- Networking

OUR ROLES



- Volunteerism
- Professionalism
- Collaboration
- Community Engagement
- Accountability
- Inclusivity

OUR VALUES



We provide leadership, facilitation, programs and services to enhance the impact of recreation for the quality of life in Saskatchewan.

OUR MISSION



Communities and municipalities, facility operators, sport and recreation clubs and associations, commercial companies, youth organizations, park practitioners, Tribal Councils, Métis Regions and Districts.

OUR MEMBERS



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[@SaskParksandRec](https://twitter.com/SaskParksandRec)



[@saskparksandrec](https://www.instagram.com/saskparksandrec)

Through an agreement with the Government of Saskatchewan, proceeds from Saskatchewan Lotteries are dedicated to sport, culture and recreation organizations to benefit communities.



Field Offices:

Visit www.spra.sk.ca/spra/sprastaff for complete addresses and contact information.



PRESIDENT'S MESSAGE

Over the past number of years, SPRA's leadership has been a product of the vision, direction, intentions, actions and achievements of SPRA's Board of Directors, Committees, CEO and staff, and each of its 365 member organizations. It is the combined work of this entire network that elevates SPRA's status throughout the province and across the country. The importance of

leadership for and within the recreation sector has continued to play an important role in our activities this past year.

2017-18 has been a year of change within SPRA. We have seen the departure of our long-serving CEO, Mr. Norm Campbell, who retired from the organization after 17+ years of dedicated service. Norm's leadership and commitment to recreation at the provincial and national level will certainly be missed and we wish him all the best in his next life adventures. SPRA also welcomed a new CEO, Mr. Todd Shafer, who is returning to the province following a number of years working within the recreation and sport sector in the Northwest Territories. We are excited to have his insight and perspectives guide the organization into our next strategic planning period and beyond.

We contribute on recreation's national stage, supporting the direction of the Canadian Parks and Recreation Association and this year, through co-hosting the first ever *Gathering Strength: Framework for Recreation in Canada Forum 2018* with our partners at the Ministry of Parks, Culture and Sport. This event brought over 300 delegates from across the country to Regina to share successes and talk about future opportunities to advance the goals of the Framework for Recreation in Canada. The Forum was an overwhelming success that has stimulated discussions related to the need for more national recreation events.

I want to acknowledge and thank our volunteer Board of Directors and numerous volunteer Committees for their dedication and commitment to SPRA and the recreation sector as a whole. Each of you have con-

tributed a significant amount of time, energy and effort toward the pursuit of our Vision for recreation in Saskatchewan and we are grateful. A tremendous thank you on behalf of all the people of this province, as your efforts have a positive impact on our organization and benefit the quality of life for us all.

This year's Annual Report is a celebration of our organizational values, those statements that provide a solid foundation and guide for SPRA in our everyday activities. Within this document, we showcase a few of our supports, programs and services that display the commitment SPRA has made toward each of these values. We are proud of the work we've accomplished, and look forward to continuing our pursuit of meaningful, accessible recreation experiences for and with the people of Saskatchewan.



SPRA Board of Directors

(From Left to Right)

Front Row: Director for Villages – Taylor Morrison, President - Coralie Bueckert, Director at Large – Jody Boulet

Back Row: Director for Towns – Jaime Helgason, Director for the North – TJ Biemans, Director at Large – Chrisandra Dezotell, Director for Cities – Ken Ottenbreit, Director at Large – Guylaine Green

Not pictured: Director at Large – Chris Keleher



VOLUNTEERISM

Volunteerism is at the core of what it means to live in Saskatchewan. At SPRA, we believe in celebrating excellence and providing opportunities for member growth through volunteering.

SPRA Awards Program

SPRA paid tribute to individuals and communities who have made outstanding and extraordinary contributions to the parks and recreation movement in Saskatchewan through its annual awards program. 2017 Recipients included:

- **Volunteer of the Year Award** – Marion Hougham (Paradise Hill)
- **Fitness Leadership Award** – Eli Neb (Regina)
- **Community Achievement Award** – Paradise Hill Community Centre Inc. (Paradise Hill)
- **Parks and Open Space Award** – Sandra Schmirler Olympic Gold Park (Biggar)
- **Cecil Nobes Facility Award of Excellence** – Leroy Community Centre (Leroy)
- **Facility Operations Award** – Calvin Bruneau (Warman)

Advisory Committees

Members and experts from across the field volunteer to serve on a number of SPRA Committees. We rely on their expertise and advice to guide our programs, services and funding. Committees include: Facility, Fitness, Parks and Open Space, Awards, Recreation Section Review, the Member's Initiative Grant Adjudication, and the SPRA Board of Directors.

Governance Training Sessions

SPRA had the opportunity to partner with the Saskatchewan Association of Rehabilitation Centres to offer training sessions on Governance to Provincial Recreation Associations. Two sessions were held, in Regina and Saskatoon, and covered:

- Governance Roles and Responsibility
- Bylaws and Policies
- Introduction to Succession Planning and Board Recruitment
- Financial Responsibilities

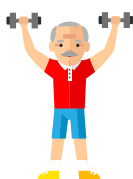
16 organizations strengthened their capacity by participating in this training.

30 staff and volunteers
completed the training



Forever...in motion

Developed by the Saskatoon Health Region and provincially implemented by SPRA, this Saskatchewan based program helps older adults become physically active through volunteer, peer or staff led physical activity groups.



466 Forever...in motion
Leaders in the province

93 NEW Leaders
trained in 2017-18

“Forever...in motion is a great addition to our community and is the best attended program we have! People feel comfortable in a non-judgmental peer group of people who are similar in age and physical ability. It's fun, convenient and has a social component.”
- FIM Host Community

Our **Forever...in motion** Grant distributed \$15,000 across 19 Saskatchewan communities. This funding increased community capacity to develop and implement **Forever...in motion** programming and ultimately, enhance the quality of life for older adults.



2017 SPRA Volunteer of the Year Recipient Marion Hougham

Marion has volunteered with Paradise Hill Minor Hockey, Figure Skating, Gymnastics, 4-H Club and Medical Clinic Committee. She continues to offer her services to committees wherever needed whether it be for chairman, secretary, treasurer, statistician or human resources.

In the small community of Paradise Hill, consisting of 495 individuals, Marion spearheaded, fundraised and facilitated the development and continued operation of a \$5 million Community Centre. The Paradise Hill Community Centre supports many partnerships with seniors, music, gymnastics and fitness programs, dance classes, the school and day-care. She was also actively involved in converting the closed Paradise Hill hospital into a Senior's Care Home where she continues to donate her time to operations. Marion volunteers at the Frenchman Butte Museum, the Annual Fruit Festival, Summer Tea House, Provincial/Federal elections and many other events, including extensive involvement with the Annual Summer Bash. She also dedicates countless hours to grant writing to subsidize these programs.

Marion exudes energy, passion, drive and approaches all tasks with enthusiasm. Her positive spirit is motivating and inspiring to others and it's not surprising she leaves a lasting impression on everyone she meets.





PROFESSIONALISM

When SPRA speaks to the importance and value of professionalism, we are talking about building the skills, knowledge and expertise of anyone positively contributing to the lives of the people in Saskatchewan through recreation.

Fitness Leadership Program

There are currently **377 SPRA Trained Fitness Leaders** helping our communities adopt a lifelong commitment to active living and impacting the physical activity levels of **54,005 individuals** in Saskatchewan. We are nationally and internationally affiliated through the National Fitness Leadership Alliance (NFLA), which ensures leading practice, career portability and professional recognition for fitness certification.

Courses held and Fitness Leaders Trained:



Did you know?

Hiring SPRA Certified Fitness Leaders reduces liability risk for the employer, ensures safety and promotes professionalism within the fitness industry.

“I have never joined a fitness class where I have had so much fun and lots of laughs. I am not the most coordinated person but every week, I seem to improve. The class has helped me feel better, sleep better and gives me more energy.”

- Fitness Class Participant

SaskFit

The SaskFit Conference continued to provide Fitness Leaders with quality professional development, education and training. SaskFit provides both theoretical and practical learning experiences delivered by experts in the field. This year's event attracted **160 Fitness Leaders**.

Pre and Post Natal Fitness Certification

SPRA introduced Pre and Post Natal Fitness Certification, with the goal of educating Certified Fitness Leaders in prenatal and postnatal exercise instruction and preparing them to work with this specialized population. **44 SPRA Fitness Leaders** completed the course, receiving an additional designation within a current certification and insurance policy.

National Recreation Framework

SPRA and the Ministry of Parks, Culture and Sport worked cooperatively to co-host *Gathering Strength: Framework for Recreation in Canada Forum 2018*. The Forum, which was the first event of its kind since completion of the Framework for Recreation in Canada in 2015, was held May 8 to 10, 2018 in Regina. **300 leaders, practitioners and stakeholders from sectors across Canada** gathered in Regina to share knowledge and best practices, continue dialogue and identify future opportunities for collaboration towards achieving the values, goals and priorities identified in the Framework.



“ The Forum was useful in showcasing Saskatchewan's leadership in moving the Framework forward. ”
- Forum Participant

SPRA Conference

The 2017 SPRA Conference was developed specifically for recreation practitioners, parks and facility operators and volunteers interested in networking and learning the latest information and trends in the parks and recreation field. The Conference, themed *On the Hunt for Quality Recreation*, featured inspiring presenters, informative sessions, a Trade Show and entertaining social events.

165 delegates attended the Conference in Warman.

“ I loved the sessions - they were all interesting and engaging. There wasn't a single session that was out of scope for my position and I learned new things to take back to my job in each presentation, discussion or panel. I found the concurrent sessions each had multiple topics I would have loved to take in and was excited to get back to work on Monday to share what I learned. ”
- Conference Delegate





PROFESSIONALISM continued



Student Support

In 2017-18, SPRA has hosted two University of Regina Fieldwork Students from the Faculty of Kinesiology and Health Studies. Students are provided experiences to administer SPRA programs, gain a greater understanding of Saskatchewan's Lottery system and to network with numerous practitioners within the sector.

“During my time at SPRA, I felt that I was a part of a community who works towards the same goal for improving the recreation sector. As leaders in recreation, we know that physical activity has many benefits, but it is vital to make physical activity a positive experience so children and youth can develop to be skilled and caring role models. I also learned that recreation has the potential to address socio-demographic challenges and issues, which will help me in my future research working with Indigenous communities.”

– Ann Dorion, 2018 SPRA Fieldwork Student

Our scholarships support individuals pursuing careers in recreation, enrolled in post-secondary recreation and leisure programs across Saskatchewan. The 2017 SPRA Scholarship Recipients:

- Nathan Legg, University of Regina
- Tiffany Wharton, University of Saskatchewan
- Nicole Poncelet, Saskatchewan Polytechnic

“Winning this award means the world to me, as it gives me the motivation to inspire the youth I coach to achieve any dream they may have.”
– Scholarship Recipient



Recreation Professionals Week

SPRA partnered with the Saskatchewan Association of Recreation Professionals (S.A.R.P.) to say "Thank You" to recreation professionals across the province for their contributions to building healthy, active communities. For the first time, June 18-24, 2018 was officially recognized by the Government of Saskatchewan as '*Recreation Professionals Week in Saskatchewan*'. Throughout Recreation Professionals Week, S.A.R.P. interviewed several recreation professionals. Here is what they had to say:

Why Are You Studying Recreation?

I grew up in a home where recreational activities played a huge role in all my family members' lives. I wanted a career where I can better people's lives and make them happy. When I started doing more research into Therapeutic Recreation, I realized it was a perfect fit for me because of my beliefs and values.

- Darby Fiddler, Saskatchewan Polytechnic's Therapeutic Recreation Diploma Program

Why Do You Work as a Recreation Professional?

I work as a recreation professional because I see the value in it, I enjoy helping others, and ensuring that opportunities are available for all members of our community. I also really enjoy the operations of recreational facilities, enhancing them and seeing long-term projects come to fruition.

- Andrew Crowe Recreation & Community Development Manager, Town of Rosthern

What Do You Enjoy Most About Your Position?

My favorite part of this job is opening day at any of our seasonal facilities. Rink, pool, parks, all of them. To see the enthusiasm in everyone's faces always brings a big smile!

- Mike Schween, Director of Parks and Recreation, Town of Moosomin

Did you know?

As part of their jobs, recreation professionals are responsible for a variety of tasks, from program development, maintenance of recreation spaces and facilities to risk management, budgeting and staffing, and policy and procedure development.

What Do You Enjoy Most About Your Position?

I like the diversity that comes from the industry. Every given day brings forth something different: a new challenge, experiences, ideas or concepts. Also, through strategic planning, you get to see the evolution of programs and services over time.

- Kristeen Cherpin, Recreation Director, Town of Radville

Why is Recreation so Vital to Communities in Saskatchewan?

Recreation is a vital part of all communities but in Saskatchewan, it is especially important due to our rural population. Every small town in Saskatchewan has a rink or community hall and they all are acutely aware of the importance of those facilities. Travel can be a huge barrier for people to participate, but the spirit of small town Saskatchewan allows them to have opportunities right in their own back yard. That's another reason I love working in this province and in this profession.

- Crystal Imrie, Recreation Director, Kyle



PROFESSIONALISM continued



Leadership Development Grant

The SPRA Leadership Development Grant gave members the opportunity to develop human resources needed to continue building community capacity, thereby advancing recreational opportunities.

Eligible expenditures were divided into three categories: **Organization Specific** (Board Development, Board Governance Workshops, Strategic Planning Sessions, Policy Development Seminars), **Volunteer or Community Capacity Building** (Playground Safety Workshop, Fitness Leadership, HIGH FIVE®), **Direct Delivery** (Program coordination and delivery education, Facility maintenance and management workshops, Park maintenance and management workshops).

29 grants approved for **\$44,951**

“On a personal level, I feel as though I am equipped with a stronger skillset to execute the tasks I need to provide quality recreation within the community. I feel like I have been able to create a very effective system to hire and maintain safe workspaces.”
– Leadership Grant Recipient

Parks Training

Specialized parks training included **Sask Polytech Tree Pruning Course** hosted by SPRA, and an **Emerald Ash Borer Workshop** offered in partnership with the ISA (International Society of Arboriculture) Prairie Chapter and the Provincial and Federal Governments.

60+ participants



**Emerald Ash
Borer
Workshop**

13 participants



**Tree Pruning
Course**

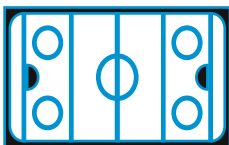
SPRA strengthened its commitment to parks related training through the development of four new courses which will be launched in 2019. These course include: Tree Identification for Saskatchewan, Tree Planting, Site Selection and Basic Maintenance, Urban Forest Pests and Diseases and A Basic Overview of Landscape Design for Municipalities.

Facility Courses

SPRA trained, educated and certified facility operators to meet provincial standards through the **Arena Operators Level 1 Course** (Ice Installation and Ice Maintenance) and the **Arena Operators Level 2 Course** (Refrigeration Operations).

In response to industry trends and member needs, we also introduced two new facility courses - **Facility Management** and **Building Maintenance**. Pilot sessions for the Facility Management program were held in Pilot Butte and North Battleford.

37 participants
attended the pilot



Log books continued to be available for purchase so that communities could keep records and monitor risk management issues like ice thickness, refrigeration operations and ice resurfacer operations.



Did you know?

The energy in a typical arena facility goes to the following areas:

1. Refrigeration (44%)
2. Heating (22%)
3. Miscellaneous - pumping, dehumidification, ventilation (19%)
4. Hot Water (8%)
5. Lighting (7%)



COLLABORATION

SPRA believes collaboration between like minded organizations is instrumental in improving efficiency, strengthening programs, making use of compatible skills and abilities, and ultimately, enhancing the impact of recreation locally, provincially and nationally.

Saskatchewan Lotteries

Through an Agreement with the Government of Saskatchewan, proceeds from Saskatchewan Lotteries are dedicated to sport, culture and recreation organizations throughout the province. These proceeds are placed in the Saskatchewan Lotteries Trust Fund for Sport, Culture and Recreation which benefits more than **12,000 sport, culture and recreation groups** and helps nearly **1,000 communities**.

SPRA is one of three volunteer-led, non-profit organizations, alongside Sask Sport Inc. and SaskCulture Inc., responsible for managing their respective sections of the Saskatchewan Lotteries Trust Fund. A strong relationship with the Ministry of Parks, Culture and Sport and our Global Partners, Sask Sport Inc. and SaskCulture Inc., ensure this delivery system remains efficient, cost-effective and responsive to community needs.

The collective priorities in this partnership focus on creating inclusive communities, providing safe, quality programs and facilities, fostering pride through excellence, addressing barriers to participation, encouraging healthy active lifestyles and building community and leadership capacity. These align with both provincial and national mandates to advance the Framework for Recreation in Canada.

Canadian Parks and Recreation Association

As a member of the Canadian Parks and Recreation Association Board of Directors, SPRA collaborates with our 12 Provincial and Territorial Partners on the development of national initiatives.

At this national table, we bring a voice that is uniquely Saskatchewan and represents the needs of our province. The experience, expertise and insight gathered from this collaboration has helped advance the Framework for Recreation in Canada and contributed to the growth of the sector through programs such as the Green Jobs Initiative, Professional Development Certification Program and the *Parks for All* Action Plan.



Sask Sport and SaskCulture

Our ventures with our Global partners, Sask Sport Inc. and SaskCulture Inc., included the Community Grant Program Initiative, Northern Community & School Recreation Coordinator Program, support to the Sport, Culture and Recreation Districts and the Dream Brokers Program.

The Community Grant Program provided over **\$5.5 million** to help nearly **1,000 communities** across Saskatchewan, including First Nation Communities, Northern settlements and municipalities across Saskatchewan, to develop sport, culture and recreation.

\$2,369,600



distributed across **7** Sport, Culture and Recreation Districts

The **Northern Community & School Recreation Coordinator Program** improved the quality of life for northern Saskatchewan residents by providing community-based sport, culture and recreation programs after school, in the evenings and on weekends. **22** coordinators facilitated **826** community based sport, culture and recreation programs.

The **Dream Brokers Program** helped connect less fortunate children with sport, culture and recreation opportunities - using local elementary schools as the hub for contact and facilitation. The Dream Brokers have connected participants to **308 sports, 167 culture and 174 recreational programs**.

Youth Community Education through Recreation

The Youth Community Education through Recreation (YCER) project advanced youth leadership in the province by strategically partnering with the education sector – where youth spend most of their time. In partnership with the Saskatchewan Association for Community Education, Take the Lead!®, HIGH FIVE®, Play Leadership and Youth Fitness Leadership are the avenues through which leadership capacity is built. Providing youth with positive leadership opportunities will increase their potential for volunteerism, thus contributing to the overall wellbeing of their community.

“Teaching leadership skills and increasing physical activity in youth creates strong community leaders!”
- Take the Lead!® Leadership Coach
Workshop Participant

YCER continued to create and strengthen partnerships with the Education sector by increasing awareness of recreation and providing the opportunity for Educators to become trained in SPRA programs.

Through YCER:

- **28** Educators were trained as Take the Lead!® Leadership Coaches
- **4** Education Professionals were trained as HIGH FIVE® Trainers
- **53** individuals attended other HIGH FIVE® Workshops
- **22** schools participated in Youth Fitness Leadership.





COMMUNITY ENGAGEMENT

Community engagement is about fostering and supporting contributions of our members towards the betterment of their communities and the lives of those within them through recreation.

June is Recreation & Parks Month initiative

Recreation service providers and park authorities throughout the country used June to celebrate the return of summer programming, gather their communities together, recognize volunteers, get residents involved in fun outdoor physical activities, and gain support for the parks and recreation sectors. SPRA launched JRPM on June 3, 2018, in partnership with the City of Swift Current and Picnic in the Park - one of the largest launch events in the program's history.

4,000+ people
attended the JRPM Launch

Nearly **60 communities** registered as Ambassadors and **\$20,000** was distributed across **40 communities** through the JRPM Celebration Initiative Grant.

“ This event provides the community with an opportunity to get outdoors and try recreation, art and beach activities at a local park and celebrate the arrival of summer. It also helps get the word out of what programs are happening throughout summer. ”
– Town of Regina Beach, JRPM Ambassador

Connecting the Network

We use social networks to connect and engage with our members and the public, and share news, information and success stories about recreation and parks in Saskatchewan. Beyond our presence on platforms such as Facebook, Twitter and Instagram, we have strengthened the profile of the sector by training and educating our network on social media by delivering sessions at our Conference and District events.

Throughout 2017-18, over **80** recreation practitioners and volunteers were trained to more effectively use social media tools to communicate about the work and impact of parks and recreation.



Communities in Bloom

In 2017, Communities in Bloom celebrated its **20th year in Saskatchewan**. Since the program's inception in 1997, over **140 communities** have participated in the program, many having been involved for over 10 years.

Communities in Bloom has inspired volunteers of all ages to get involved with their community and has built a sense of pride that is visible for both residents and visitors. Community support contributed to the Town of Maple Creek's National success with the program. In 2017, they won the National Communities in Bloom competition in the 'communities with populations under 4,500' category.

“An award like this cannot be won just by the efforts of the town or committee. It takes every resident, every business and every non-profit organization to make a commitment to improving the first impressions of the community.”

– Royce Pettyjohn, Manager of Community and Economic Development for the Town of Maple Creek



Celebrating 18 Years of Participation!

The Town of Eston has been involved with Communities in Bloom since the year 2000.

Eston Communities in Bloom started with the goal of having an ongoing community project to encourage civic pride and enhance community esthetics. It was a simple goal with exponential results that has inspired everything from community clean-ups to the creation of a community orchard and a yard recognition program.

The Communities in Bloom committee, a group of volunteers, meet throughout the year to plan community projects and gather 'worker bees'. Projects such as the Mainstreet banners, hanging baskets and new park areas are coordinated by the group - with support of council - and input and great feedback from the community.

“We go out and try to make our community a better place. Everyone benefits if we are showing pride in our town and want to keep it looking good.”

– Sandy King, Eston Communities in Bloom





ACCOUNTABILITY

SPRA remains dedicated to fulfilling our commitments, adhering to our strategic plan and policies, and aligning our Vision with industry trends and member needs. We share the results of our activities with transparency and pride.

Annual Funding

SPRA is the steward of the Recreation Section of the Saskatchewan Lotteries Trust Fund for Sport, Culture and Recreation.

SPRA has established a three-year funding model for Provincial Recreation Associations. With the model, funding allocations were approved for multiple years, giving the Provincial Recreation Associations more stability and a commitment to longevity to keep moving forward. SPRA met with all 33 organizations to provide support during this transition, and to outline the expectations of information required for the three-year applications.



\$2,410,638



to **33** Provincial Recreation Associations on the Minister's Eligibility List

This funding supports the development of effective and efficient volunteer recreation organizations. These organizations play a large role in the delivery of recreation programming across Saskatchewan.

“ This funding gives us the resources and training needed for our volunteers, as well as the manuals and activity guides that our grassroots clubs need to run programming. ”

- Cera Youngson, Executive Director 4-H Saskatchewan

Surveying the Field

SPRA contracted Insightrix Research to conduct an online survey to learn about issues impacting the people of our province. This was a continuation of the work done in Surveying the Field 2017. Topics examined in the survey included active living, inclusion and access and supportive environments.

The survey showed there has been an increase in physical activity and newcomers to Canada are among the most active in the province. However, there are still challenges to overcome in reducing barriers for participation for persons living with a disability.

“It's good to see that LGBTQ people are beginning to feel more comfortable in recreation/sport within the province. I think this speaks volumes to the work we are doing to promote LGBTQ recreation/sport and awareness of LGBTQ issues in these activities on a daily basis.”
- Prairie Curling League

Member Input

As a member-driven organization, we are dedicated to aligning our programs and services with member needs and industry trends. Every two years, SPRA administers Portfolio Evaluations, which help to identify the level of value and impact of each program and service as well as recommendations for the future. The information received is utilized in the yearly planning processes for all staff.

“SPRA is always a great source for our community to check in with, along with our District, in order to help us get resources for programs, training, support and more.”
- SPRA Member

84% of respondents agreed that SPRA's programs and services are relevant to the needs of their community/organization.

HIGH FIVE®

With a commitment to youth programming and quality assurance, HIGH FIVE® supports recreation programs by educating staff on the Principles of Healthy Child Development (PHCD). Nationally, HIGH FIVE® strives to develop content in line with current trends, including, but not limited to: bullying reduction, conflict resolution, active play and mental health. In addition, the QUEST evaluative tools help supervisors to review and support high standards within recreation.

570 participants attended HIGH FIVE® training, **395** were Youth (representing 69%), **127** self-declared as Indigenous (22%) and **93** Youth self-declared (16%).

Total numbers of workshops offered:

- 34 Principles of Healthy Child Development
- 7 Play Leadership
- 5 QUEST 2
- 2 HIGH FIVE® Sport
- 2 Strengthening Children's Mental Health (SCMH)
- 1 SCMH Trainer Course
- 1 HIGH FIVE® Trainer Course

“The hands-on interactive learning and active games help to adapt to people's different learning strengths and get us involved.”
- HIGH FIVE® PHCD Participant





INCLUSIVITY

At SPRA, we believe the recreation delivery system is better served when limitations and barriers to support participation in recreation are removed.

Consultant - Inclusion and Access

Ensuring the people of our province have equitable access to recreation has meant building partnerships, expanding programs and services and the continuation of funding to support barrier reduction. In 2017, a full-time position dedicated to inclusion and access was developed within SPRA. This new role allows us to be more responsive and understand how recreation strengthens the social fabric of our communities.

Active Living Alliance for Canadians with a Disability (ALACD)

ALACD acknowledges the importance of partnering with provincial and territorial affiliates across the country to improve recreation, sport and physical activity opportunities for individuals with a disability in Canada.

As an Affiliate member of ALACD, SPRA has committed to work with ALACD to build a long-term, collaborative and mutually beneficial relationship to ensure that inclusion is a cultural norm, and to help make Canada the most inclusive country in the world.

Take the Lead!®

Take the Lead!® provides leadership training to youth ages 11-14, which they used to implement active play opportunities for the younger children in their school or organizational setting. By updating resources, the program has become even more relevant, inclusive and sustainable for schools and communities.

The Leadership Coach and Youth Leader manuals were revised to include information on physical literacy and fundamental movement skills, information and concepts related to Indigenous culture, and new games and activities. The new resources now emphasize outdoor play, creating inclusive environments for participation and a holistic model for health. Physical Health Education (PHE) Canada have reviewed the Take the Lead!® content and manuals and have officially endorsed the materials.

22 schools
completed youth
training



51 Take the
Lead!® Leadership
Coaches trained



400 youth
leaders trained
3,300 younger
students more active



Members Reducing Barriers

SPRA assisted members in barrier reduction through a number of Grants, including the **SPRA First Nation Member's Recreation Grant**, the **Métis Recreation Development Grant** and the **Community Cultural Diversity Inclusion Grant**.

With the **Community Cultural Diversity Inclusion Grant**, members developed new recreation programs and events, or enhanced existing recreation opportunities for diverse populations in their communities. For the purposes of this Grant, diverse population was defined as New Canadians, First Nations, Métis and cultural minorities.

\$9,036



**used for cultural
inclusivity projects**

Members utilized **the First Nations and Métis Grants** to develop recreation opportunities for the First Nation and Métis people of Saskatchewan.

\$27,100



**used for First Nation and Métis
recreation programming**

Indigenous Fitness Leadership Certification

The goal of this pilot program was to train and empower Indigenous people to deliver safe, high quality fitness programs in their communities that are culturally relevant and incorporate traditional learning methods. The development and delivery of the pilot program was a partnership between SPRA and the Department of Indigenous Services Canada.

We had **over 90 applicants** for the 18 available spaces. The 18 participants represented different communities, and brought different experiences, but were united by a passion for fitness and making a difference in their community.



“ This program is really important to the health of our community. If we can inspire others to be more physically active, that's only going to better the quality of life for our Indigenous population and ultimately, our whole population in Canada.

– Pilot Program Participant



FINANCIALS

Saskatchewan Parks and Recreation Association Inc.
Summarized Statement of Financial Position
June 30, 2018

	2018	2017
ASSETS		
Cash	102,453	76,222
Unrestricted fund investments	1,753,753	1,594,272
Accounts receivable	24,391	58,358
GST receivable	8,715	6,123
Prepaid expenses	143,516	130,076
Capital assets	33,386	30,420
Restricted fund investments	637,108	624,368
	<u>2,703,322</u>	<u>2,519,839</u>
LIABILITIES AND NET ASSETS		
Liabilities		
Accounts and adjudication payable	244,046	153,935
Post retirement benefit payable	64,532	63,903
Grants payable to funders	89,738	96,951
Deferred contributions and unearned membership revenues	226,840	271,699
	<u>625,156</u>	<u>586,488</u>
Net Assets		
Unrestricted	1,441,058	1,308,983
Restricted	637,108	624,368
	<u>2,078,166</u>	<u>1,933,351</u>
	<u>2,703,322</u>	<u>2,519,839</u>

Saskatchewan Parks and Recreation Association Inc.
Summarized Statement of Operations
Year ended June 30, 2018

	2018	2017
Revenue		
Operations	3,647,579	3,678,600
Program Initiatives	615,015	804,317
	<u>4,262,594</u>	<u>4,482,917</u>
Expenses		
Operations	3,506,475	3,479,577
Program Initiatives	602,275	762,374
	<u>4,108,750</u>	<u>4,241,951</u>
Excess of revenue over expenses before the undernoted:	153,844	240,966
Other expenses		
Loss on disposal of capital assets	(9,029)	-
Excess of revenue over expenses	<u>144,815</u>	<u>240,966</u>

Financial information is derived from the annual audited financial statements of the Saskatchewan Parks and Recreation Association Inc.

Detailed audited financial statements are available to members upon request.