



2018 SPRA CONFERENCE

October 17-20, 2018 - Maple Creek and Cypress Hills



WANTED
ALIVE

Recreation, Parks and Facility
professionals and volunteers for the
Recreation Event of the Year!
This is one event you will not
want to miss!

**REGISTER BY
SEPTEMBER 28, 2018**



Saskatchewan
Parks and Recreation
Association

**CYPRESS
HILLS**
DESTINATION
AREA



YOU ARE INVITED!!

WHAT TO EXPECT

While the Old Cowtown of Maple Creek and its award-winning Heritage District will play host to much of the Conference, the SPRA Awards Gala will be hosted just 20 minutes away in the lodgepole forest of Cypress Hills Interprovincial Park, the highest point in Canada between Labrador and the Rocky Mountains.

Regular shuttle service between Maple Creek and Cypress Hills will ensure that once you have checked-in, no one will need to drive regardless of whether you choose to stay in one of the well-appointed new accommodations in Maple Creek or out at the resort in the beautiful Cypress Hills.

Get a 'Taste' of the Old Cowtown of Maple Creek and the beautiful Cypress Hills during the recreation event of the year!

The theme for 2018 SPRA Conference is "Recreation Round-up" which is both a nod to the host area's western heritage, as well as the concept of "rounding-up" the broader and more inclusive forms of recreation alluded to in the renewed definition of recreation within *A Framework for Recreation in Canada 2015: Pathways to Wellbeing*:

"Recreation is the experience that results from freely chosen participation in physical, social, intellectual, creative and spiritual pursuits that enhance individual and community wellbeing."

Given this more extensive definition of recreation and that recreation volunteers and professionals are being called upon to play increasingly vast roles within their communities; the 2018 SPRA Conference will explore new ways of defining recreation and the role of recreation practitioners. The Conference will also explore how recreation, as defined, manifests itself in all facets of community life, including non-traditional recreation activities such as the arts, culture, heritage, tourism and community development.

Many of the Conference breakout sessions will showcase more broadly defined recreation initiatives that are being successfully implemented in Saskatchewan communities. These sessions will provide ideas and examples of what just might be waiting to be "rounded-up" in your own community!

Each session during the 2018 SPRA Conference will be linked to the goals and priorities identified in *A Framework for Recreation in Canada 2015: Pathways to Wellbeing*:

- ☀ Active Living
- ☀ Inclusion and Access
- ☀ Connecting People and Nature
- ☀ Supportive Environments
- ☀ Recreation Capacity

We look forward to welcoming you to the Town of Maple Creek and the Cypress Hills Destination Area in October!

Supported by:

**Saskatchewan
LOTTERIES**



ROUND-UP AT A GLANCE

THURSDAY, OCTOBER 18

10:00 a.m.	Registration/Information Desk Opens SPRA Voting Desk Opens Trade Show Opens	Legion Hall
12:00 p.m. - 1:00 p.m.	Delegates Networking Luncheon and Trade Show	Legion Hall
1:00 p.m. - 2:15 p.m.	Opening Remarks and Keynote Address by Stuart "Twitchy" Ellis-Meyer 'Unstoppable! Change Your Thoughts, Change Your Life'	Legion Hall
2:15 p.m. - 3:30 p.m.	SPRA Round Table and Candidate Speeches	Legion Hall
3:30 p.m. - 3:45 p.m.	Refreshment Break and Trade Show	Legion Hall
3:45 p.m. - 5:00 p.m.	CONCURRENT SESSION A	
	A1- Cross Cultural Collaboration in Recreation	S.W. Sask. Oldtimers' Museum
	A2 - Collaboration in Recreation	Saint Mary's Parish Hall
	A3 - Social Media in Cultivating and Coordinating Recreation Opportunities	Jasper Cultural and Historical Centre
5:00 p.m. - 5:45 p.m.	Cocktails, Social and Networking	Legion Hall
5:30 p.m.	Voting and Registration Desk Close	Legion Hall
6:00 p.m. - 1:00 a.m.	Cowtown Culinary Tour	Maple Creek Heritage District

FRIDAY, OCTOBER 19

8:00 a.m.	Registration/Information Desk Opens SPRA Voting Desk Opens	Legion Hall
8:30 a.m. - 9:00 a.m.	Continental Breakfast	All three session locations
9:00 a.m. - 10:15 a.m.	CONCURRENT SESSION B	
	B1 - Cultivating Cultural Landscapes	S.W. Sask. Oldtimers' Museum
	B2 - Art and Culture is Recreation	Jasper Cultural and Historical Centre
	B3 - Flower Power! – Community Gardening for Personal and Community Wellbeing	Saint Mary's Parish Hall
10:15 a.m. - 10:30 a.m.	Refreshment Break	All three session locations
10:30 a.m. - 11:45 a.m.	CONCURRENT SESSION C	
	C1 - Horse Therapy in the Old Cowtown	S.W. Sask. Oldtimers' Museum
	C2 - Shootings in Southwest Saskatchewan	Jasper Cultural and Historical Centre
	C3 - Tourism is Recreation	Saint Mary's Parish Hall
12:00 p.m. - 1:15 p.m.	President's/Minister's Luncheon	Legion Hall
1:15 p.m. - 2:00 p.m.	SPRA Annual General Meeting	Legion Hall
2:00 p.m. - 2:15 p.m.	Refreshment Break	All three session locations
2:15 p.m. - 3:30 p.m.	CONCURRENT SESSION D	
	D1 - Event Hosting	Jasper Cultural and Historical Centre
	D2 – A Taste of Bannock and Teepee Teachings	Grotto Gardens Country Market
	D3 – Saskatchewan Index of Wellbeing	Saint Mary's Parish Hall
5:00 p.m. - 6:30 p.m.	SPRA Awards Gala - Cocktails	The Resort at Cypress Hills
6:30 p.m. - 9:00 p.m.	SPRA Awards Gala - Dinner and Presentations	The Resort at Cypress Hills
9:00 p.m. - 11:00 p.m.	Comedian and Magician Trevor Moore	The Resort at Cypress Hills

SATURDAY, OCTOBER 20

8:00 a.m.	Continuation of SPRA Annual General Meeting - if required	Maple Creek Armoury
8:45 a.m. - 9:30 a.m.	Brunch	Maple Creek Armoury
9:30 a.m. - 10:30 a.m.	Keynote by Amberley Snyder	Maple Creek Armoury
10:30 a.m. - 11:00 a.m.	Closing Remarks and Prize Draws	Maple Creek Armoury



PRE-CONFERENCE SESSIONS

WEDNESDAY, OCTOBER 17, 2018

11:00 a.m. - 4:00 p.m.

Fall Recreation Programmers Meeting

Location: Visitor Centre - Cypress Hills Interprovincial Park Saskatchewan

Join fellow Recreation Programmers as we discuss the topics and trends in recreation for 2018. To register please contact the S.A.R.P. office at 306-693-7277, or email office@sarponline.ca by October 9, 2018.

4:30 p.m. - 5:45 p.m.

Guided Hike

Location: Visitor Centre - Cypress Hills Interprovincial Park Saskatchewan

Not only are the Cypress Hills the highest point in Saskatchewan, they are also the highest point in Canada between Labrador and the Rocky Mountains. Here you will find a lodgepole forest that is unique on the prairies in Canada. Join a Park Interpreter and explore this unusual prairie ecosystem and experience firsthand why this geological and ecological marvel has been drawing people for thousands of years.

Supper (On your own)

Visit www.visitcypresshills.ca/dining for great supper options!

7:00 p.m. - 12:00 a.m.

Pre-Conference Social

Location: The Rockin' Horse Cookhouse & Bar, Maple Creek

A casual gathering for delegates wanting to get together for socializing and networking the evening before the Conference begins.

7:30 p.m. - 8:30 p.m.

Goat Yoga

Location: Grotto Gardens Country Market – Maple Creek

Yes, it is yoga with goats! Grotto Gardens and Sun Dog Yoga has agreed to offer a special pre-conference Goat Yoga session for SPRA Conference delegates. The cost is \$20 per person. To register visit www.visitcypresshills.ca/tours and click on Goat Yoga.

Time: TBD

Group Meetings as Required

Location: Cypress Hills Interprovincial Park Saskatchewan

If your recreation special interest group is planning a meeting in advance of the 2018 SPRA Conference, contact us at recoundup@maplecreek.ca and we will set you up with meeting space at Cypress Hills Interprovincial Park Saskatchewan.

SESSION DESCRIPTIONS

THURSDAY, OCTOBER 18, 2018

10:00 a.m.

Registration/Information Desk Opens

SPRA Voting Desk Opens

Trade Show Opens

12:00 p.m. – 1:00 p.m.

Delegates Networking Luncheon and Trade Show

“Round-up” your lunch as you discover food kiosks spread throughout the SPRA Trade Show. Insider’s Tip: Bison sliders, BBQ beef skewers and Guinness brownie bites are just three of the nine delicious items that you can seek out and rustle-up!

1:00 p.m. – 2:15 p.m.

Opening Remarks and Keynote Address by Stuart “Twitchy” Ellis-Meyer – ‘Unstoppable! Change Your Thoughts, Change Your Life’

Twitches, tics, wild gestures and grunts – how does someone living with the rare neurological Tourettes Syndrome become a business mastery success and inspirational keynote speaker? By becoming Unstoppable! Stuart Ellis-Myers (a.k.a. “Twitchy”) is a keynote catalyst for change and an originator for success. In this his high-impact signature keynote Stuart shares all of the immediately usable techniques he has created to become truly unstoppable in sales, service, leadership and life. Expediting the invaluable knowledge gained by more than four decades of life with Tourettes, this transformational power packed program will help you discover the authentic, powerful, unstoppable person held hostage by our fears and anxieties – banishing them for good! In this highly interactive, experientially based keynote, audiences will discover how to H.I.T. every obstacle out of the ballpark living with H-onesty, I-ntegrity and T-ruth. Manifest the power to act as if you can all the while never giving in. Leave this session ready to “Positively Traumatize” empower yourself and others on how to live an unstoppable life - where disabilities become abilities and obstacles become opportunities.

2:15 p.m. – 3:30 p.m.

SPRA Round Table and Candidate Speeches

Take advantage of the opportunity to discuss items of interest or concerns with the SPRA Board of Directors and staff. Listen to the Candidate Speeches to help you decide your vote for the vacant SPRA Board of Directors positions.

3:30 p.m. – 3:45 p.m.

Refreshment Break and Trade Show

3:45 p.m. – 5:00 p.m.

CONCURRENT SESSION A

A1 – Cross Cultural Collaboration in Recreation - Panel

Elouise Mosquito and Kristi Yarshenko

The intricacy and cost of traditional Pow Wow regalia can sometimes be a barrier to parents entering their children into Pow Wow, in much the same way that the cost of equipment can be a barrier to a child entering hockey. A partnership between the S.W. Sask. Oldtimers’ Museum and Nekaneet First Nation brought Elders, artisans and parents together to produce Pow Wow regalia for Nekaneet children who might not have otherwise been able to participate in Pow Wow

as a healthy lifestyle activity. The project culminated with a Pow Wow demonstration during the Maple Creek Heritage Festival, a temporary exhibit of Pow Wow regalia at the museum and a closer relationship between the museum and the Nekaneet community.

Dale Mosquito and Joe Braniff

For more than 35 years the Battle of The Little Big Puck has been a fixture in Maple Creek. Members of Nekaneet First Nation challenge local Rodeo Cowboys to an annual hockey game that is refereed by members of the local Detachment of the RCMP. In the third period the Cowboys, the Indians and the RCMP take to the ice in traditional regalia. The game packs the Community Arena to the rafters and raises much need money for local projects. While an event such as this might raise eyebrows outside of the Cypress Hills area, here in Maple Creek it is a much-anticipated annual celebration of the long standing and positive relationship between two communities.

A2 – Collaboration in Recreation - Panel

Gail Kessler

Identifying community and regional assets that can be packaged for the purposes of tourism and recreation product development. Gail will focus on how CHDA Inc. capitalized on the region’s culinary tourism strength and the region’s natural and built environments to create new tourism and recreation products in the form of the CHDA Long Table Dinner and Cowtown Culinary Tours.

Dana Hassett and Lou-Ellen Murray

“You got chocolate in my peanut butter! You got peanut butter in my chocolate!” Just like how this old candy-bar slogan demonstrated that unusual pairings can create fabulous new products; learn how the unlikely pairing of goats and yoga has created a wildly successful tourism and recreation product for Grotto Garden Country Market and Sun Dog Yoga.

Connie Martin

The S.W. Sask. Oldtimers’ Museum has developed museo-packs that help families not only explore the museum as a recreational activity, but that also encourages them to go outside the walls of the museum for “heritage hikes” through the Maple Creek Heritage District and the historic section of the Maple Creek Cemetery.

A3 – Social Media in Cultivating and Coordinating Recreation Opportunities

Christian Bates-Hardy

Parks and recreation is a social profession. Our sector is all about building community, helping people connect with each other and their environments and enhancing social wellbeing. In this one-hour session, Communications and Social Media specialist Christian Bates-Hardy will share with you his experience in using social media to promote parks and recreation across the province. Using his knowledge of current and emerging trends in social media and online communications, Christian will suggest ways you can use social media to promote parks and recreation within your community, provide tips and tricks for building and maintaining your brand on social media and will share best practices to help you develop your voice, key messages and social media strategy.

5:00 p.m. – 5:45 p.m.

Cocktails, Social and Networking

Enjoy refreshments and music back at the Legion Hall as we gather all of the conference delegates in preparation for the Cowtown Culinary Tour. At 5:45 p.m. conference delegates will be divided into four groups before heading out on the tour.

5:30 p.m.

Voting and Registration Desk Close

6:00 p.m. - 1:00 a.m.

Cowtown Culinary Tour

A number of outstanding professional chefs have made Maple Creek their home. As a result, The Old Cowtown of Maple Creek offers some incredible dining experiences.

The Cowtown Culinary Tour visits each of these chefs one by one as a part of a guided walking tour of the Maple Creek Heritage District. At each stop, our chefs provide you with a sampling of Maple Creek's culinary best!

The four stops on this food tour include: Cypress Hills Winery and Black Bridge Brewery wine and beer sampling at the Broken Spoke Fine Art Gallery, food by The Shop Bakery & Deli at the Jasper Lounge & Event Centre, food at the Star Café & Grill, and food at the Rockin' Horse Cookhouse & Bar.

Once all four groups have visited all four stops on the tour, everyone is invited to come back together as one group at the Jasper Lounge & Event Centre for socializing and "Big Sound Karaoke!"

Shuttles will be available to take people back to the Cobble Creek Lodge and The Resort at Cypress Hills.

FRIDAY, OCTOBER 19, 2018

8:00 a.m.

**Registration/Information Desk Opens
SPRA Voting Desk Opens**

8:30 a.m. – 9:00 a.m.

Continental Breakfast

9:00 a.m. – 10:15 a.m.

CONCURRENT SESSION B

B1 – Cultivating Cultural Landscapes

Royce Pettyjohn (Main Street Saskatchewan)

The conservation of the built environment within communities as a means by which to stimulate recreation, wellbeing, tourism and the local economy all within the community's traditional core.

Kristin Catherwood (Heritage Saskatchewan)

Living Heritage and the use of storytelling to encourage engagement and recreation within a cultural landscape.

Prairie Wind & Silver Sage Inc.

The rise of the Eco-Museum concept in Saskatchewan as a method for communities to define, celebrate, manage and facilitate recreational opportunities within their cultural landscapes; A Val Marie Case Study.

B2 – Art and Culture is Recreation - Panel

Connie Phillips (The Art House)

Moving to Maple Creek from Calgary, artist Connie Phillips was concerned that there may not be an art community in small town Saskatchewan. However, were that to be the case, she and her husband were committed to aiding in cultivating one. Connie will speak to art as recreation and making art accessible to everyone through activities like "Colour Fest", art workshops, splatter painting, and developing Paint Night in collaboration with the Jasper Lounge & Event Centre.

Vance and Pamela Sanderson

Bringing back dance to rural Saskatchewan. Pam and her husband have collaborated with the Jasper Lounge & Event Centre to make dance lessons more accessible to the community in a relaxed social environment. Old-Time dancing has also recently seen a resurgence as a recreational activity at the Maple Creek Legion. Dance not only helps keep community facilities viable, dance also supports an active and social lifestyle for all ages.

Kevin Rittinger

The Maple Creek Small Venue & House Concerts series has demonstrated that just because a community doesn't have a dedicated performing arts centre, it doesn't mean that a community cannot attract quality performing artists and build a following for the arts in rural Saskatchewan. The creative uses of non-traditional performance venues also helps residents experience their existing community facilities in an entirely new and creative way.

B3 – Flower Power! – Community Gardening for Personal and Community Wellbeing - Panel

Andrew Exelby

The Communities in Bloom (CiB) program supported by the Saskatchewan Parks and Recreation Association (SPRA) is more than just planting flowers. It is a community development tool that was created in Canada and that is now being adopted by countries around the world. The program brings together community development, sustainability, tourism, first impressions, active living and hometown pride. The program is foundational to cultivating an engaged and active community.

Nola Sanderson

The motivating power of the "Competitive Gardening" concept. Nola will discuss the power of the CiB program in motivating volunteers in contributing to making a community a more inviting place to visit, to live and to do business. Nola will speak about engaging youth, businesses and non-profit organizations in a successful community-wide initiative that can result in provincial and national recognition.

Sally Chant

The development of a Community Garden can not only be an effective way to reclaim an abandoned property within a community, it also makes gardening more accessible as a recreational opportunity and as a way for residents to reconnect to nature.

Tammy Vanderloh

The Co-Executive Director of the Medicine Hat Food Bank will speak to the use of community gardening as a way for the disadvantaged to not only connect to nature, but also as a way for food bank users to learn about healthy eating and become more self-reliant.

**10:15 a.m. – 10:30 p.m.
Refreshment Break**

10:30 a.m. – 11:45 a.m.
CONCURRENT SESSION C

C1 – Horse Therapy in the Old Cowntown - Panel

Dale Mosquito

The use of horses in the healing and rehabilitation of federally sentenced Indigenous women at the Okimaw Ohci Healing Lodge in the Cypress Hills.

Scott and Theresa Reesor

The use of horses at the Historic Reesor Ranch for therapy and for the Children's Wish Ride.

Eric Lawrence

Maintaining the tradition of heavy horses and harness in the Cypress Hills and the popularity of horse drawn wagon rides as a recreation activity.

C2 – Shootings in Southwest Saskatchewan - Panel

Chris Artrell

The rise in popularity of photographing and documenting ghost towns and abandoned homesteads as a recreational activity has not only motivated more and more people to become more physically active, it has sparked a renewed interest in heritage conservation and rural tourism. This blend of art and recreation has also helped us see rural Saskatchewan through a new lens.

Wendy Nuttall

Packaging and promoting rural photography tours in support of art, recreation and tourism.

Jon Bowie

"Shooting Cowboys" - Using photography as a tool in documenting, celebrating and making accessible the ranching culture of the Cypress Hills area.

C3 – Tourism is Recreation - Panel

Mary Taylor-Ash (CEO Tourism Saskatchewan)

The tourism industry in the Cypress Hills Destination Area injects over 28 million dollars into the area's economy. It also is a major employer in the area. Trends in tourism are moving away from "go & see" and becoming increasingly "go & do." Experiential tourism creates an opportunity for communities to achieve both their recreation and economic development objectives.

John Smith (Carefree Adventures)

Experiential tourism creates opportunities for entrepreneurs to facilitate recreation opportunities. John will speak to recreation tourism development from an entrepreneur's perspective.

Ryan Bader (Executive Director of Destination Battlefords and Mayor of North Battleford)

The City of North Battleford has recently fund-raised and constructed a cluster of recreational facilities. Ryan will speak to using recreation and recreation facilities as a tourism driver and economic development tool.

12:00 p.m. - 2:00 p.m.

President's/Minister's Luncheon and AGM

Join SPRA President and special guests as they reflect upon the past year and discuss the exciting opportunities awaiting the recreation and parks sector. Insider's Tip: Chuckwagon Beef Stew is among the menu options!

2:00 p.m. – 2:15 p.m.
Refreshment Break

2:15 p.m. – 3:30 p.m.

CONCURRENT SESSION D

D1 – Event Hosting - Panel

Tyler Lloyd (Tourism Saskatchewan)

Tyler will speak about the Tourism Saskatchewan event hosting strategy and grant program, as well as the event hosting training and certification offered by the Saskatchewan Tourism Education Council. These are all useful tools for anyone involved in coordinating community events.

Eleanor Bowie

The Maple Creek Cowboy Poetry Gathering and Western Art & Gear Show (shortened recently to "Maple Creek Mustering") is an example of a large community event that is not only recreation & tourism, but that also contributes to reinforcing the community's brand.

Christian Boyle (Glyph Creative)

Ensuring community events and regional initiatives are inclusive and accessible to Indigenous residents is key to the health and success of every Saskatchewan community. Christian has worked extensively with White Cap Dakota Nation in his destination area development work in the Lake Diefenbaker region. Christian will speak about the new Indigenous Tourism Association of Canada and provide insights on how to successfully build cross cultural relationships in community development initiatives.

D2 – A Taste of Bannock and Teepee Teachings

The newest Indigenous experiential tourism product to be offered in Maple Creek. Learn to make bannock from a local Nekaneet elder alongside a teepee that was handcrafted and raised by members of Nekaneet First Nation. While your bannock roasts on a stick over an open fire, listen to the Indigenous stories of the Cypress Hills.

D3 – Saskatchewan Index of Wellbeing - Panel

SPRA, Community Initiatives Fund and Heritage Saskatchewan

The Saskatchewan Index of Wellbeing (SIW) measures eight interconnected domains (based on the Canadian Index of Wellbeing framework) that expands our understanding of how well our communities and citizens are faring beyond the economic measures of the GDP. The SIW provides data specific to Saskatchewan that is relevant and meaningful provincially. Heritage Saskatchewan and the Community Initiatives Fund have partnered to develop the SIW with the goal to promote evidence-based decision-making that reflects the values and responds to the needs of Saskatchewan's citizens.

5:00 p.m. – 9:00 p.m.

SPRA Awards Gala

SPRA Awards Gala includes the presentation of the SPRA Awards and the Communities in Bloom Awards. Cocktails are at 5:00 p.m., followed by supper at 6:30 p.m. and the Awards Presentations at 7:30 p.m.

9:00 p.m. - 11:00 p.m.

Comedian and Magician Trevor Moore

Trevor Moore is an award winning professional entertainer who specializes in a unique blend of sleight of hand magic and comedy. His hands may be quick; however, his wit is often quicker.

SATURDAY, OCTOBER 20, 2018

8:00 a.m. -

Continuation of SPRA Annual General Meeting - if required

8:45 a.m. - 9:30 a.m.

Brunch

Insider's Tip: In addition to several other delicious options, this impressive spread will include: cowboy eggs benny and cinnamon bun French toast!

9:30 a.m. - 10:30 a.m.

Keynote Address by Amberley Snyder

Amberley fell in love with horses at a young age and began barrel racing when her family moved to Utah at her age of 7. She competed in junior rodeos and up into high school, winning multiple titles and awards. Her senior year she finished as the National Little Britches Finals and World All Around Cowgirl. Amberley was also serving as the Utah FFA State President in 2009. In January of 2010, Amberley was involved in a rollover truck accident, leaving her paralyzed from the waist down. Eighteen months after that day, with a seatbelt on her saddle, she returned to competing in rodeo. She now competes in the

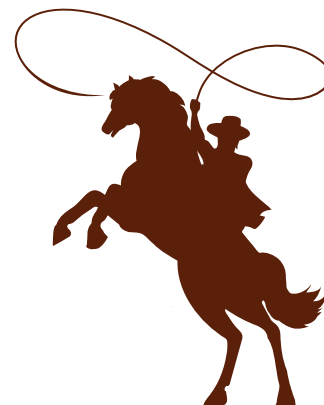
Women's Professional Rodeo Association in the barrel racing. Amberley has earned her place competing amongst professional barrel racers and has won multiple awards with the Cowboy and Cowgirl Hall of Fame. She shares her story of triumph over tragedy hoping she can motivate others to believe in themselves and get back in the saddle.

10:30 a.m. - 11:00 a.m.

Closing Remarks and Prize Draw

It is time to turn to your friends and say, "I will see you next year!". We hope that you have all found this Conference refreshing, and you are re-energized as you go back to your community and organizations!

Y'all come
back now!
Y'hear?



PREPARING FOR THE ROUND-UP

What to Bring

You will be provided with a reusable campfire cowboy tin mug and an insulated delegate bag. So, aside from business cards, a pen and a note book, we've got you covered!

What to Wear

Pre-Conference Cypress Hills Guided Hike

Weather appropriate outdoor clothing and sturdy shoes.

Cowtown Culinary Tour

Good walking shoes and weather appropriate outerwear.

SPRA Awards Gala

Business attire (suits, dresses, dress pants or skirts).

Conference Sessions

Casual attire. As the breakout sessions take place in venues across the street from main Conference hall, ensure that you have a jacket.

Shuttle Services

Leave the driving to us! Shuttle services from the Resort at Cypress Hills and Cobble Creek Lodge to the Conference venues and back will be regularly available. So, once you have checked into your hotel, you should not need to drive until you are ready to head home.

Conference Meals

Although many of the Conference meals will feature hearty protein rich foods reflective of the Conference's western theme, there will also be vegetarian and gluten free options at each meal.

KEYNOTE SPEAKERS

AMBERLEY SNYDER

“Two feet moved her body, but four feet moved her soul”.

Amberley fell in love with horses at a young age and began barrel racing when her family moved to Utah at her age of 7. She competed in junior rodeos and up into high school, winning multiple titles and awards. Her senior year she finished as the National Little Britches Finals and World All Around Cowgirl. Amberley was also serving as the Utah FFA State President in 2009. In January of 2010, Amberley was involved in a rollover truck accident, leaving her paralyzed from the waist down. Eighteen months after that day, with a seatbelt on her saddle, she returned to competing in rodeo. She now competes in the Women's Professional Rodeo Association in the barrel racing. Amberley has earned her place competing amongst professional barrel racers and has won multiple awards with the Cowboy and Cowgirl Hall of Fame. Amberley is now inspiring thousands across North America to believe in themselves and get back on the horse by telling her inspirational story. She has let the challenges she faces refine her, not define her.



CarolLee Egbert Photography



STUART “TWITCHY” ELLIS-MEYER

Unstoppable! Change your thoughts, change your life.

Stuart Ellis-Myers (a.k.a. “Twitchy”) is a keynote catalyst for change and an originator for success. In this his high-impact signature keynote Stuart shares all of the immediately usable techniques he has created to become truly “Unstoppable” in sales, service, leadership and life. Expediting the invaluable knowledge gained by more than four decades of life with Tourettes, this transformational power packed program will help you discover the authentic, powerful, unstoppable person held hostage by our fears and anxieties – banishing them for good! In this highly interactive, experientially based keynote, audiences will discover how to H.I.T. every obstacle out of the ballpark living with H-onesty, I-ntegrity and T-ruth. Manifest the power to act as if you can, all the while never giving in. Leave this session ready to ‘Positively Traumatize’ empower yourself and others on how to live an unstoppable life - where disabilities become abilities and obstacles become opportunities.



CONFERENCE DETAILS

CONFERENCE VENUES

Royal Canadian Legion Hall (218 Maple Street)
Saint Mary's Anglican Church Parish Hall (302 Jasper Street)
Jasper Cultural & Historical Centre (311 Jasper Street)
S.W. Sask. Oldtimers' Museum (218 Jasper Street)
Maple Creek Armoury (502 Marsh Street)
The Resort at Cypress Hills (Cypress Hills Interprovincial Park Saskatchewan)

ACCOMMODATIONS

Blocks of rooms are being held until October 1, 2018 at the following hotels (Please reference "SPRA 2018" when making your booking). Accommodations listed in order of proximity to primary Conference venues. Visit the SPRA website at www.spra.sk.ca/conference for SPRA Conference pricing.

Willowbend Motel & Cabins (108 Maple Street, Maple Creek)

Double and Queen Rooms Available
Book by Phone: (306) 662-2555
www.willowbendmotelsk.com

Cobble Creek Lodge (201 Highway 21, Maple Creek)

King and Double Queen Rooms, Family Suites, and Kitchen Suites Available
Book by phone: (306) 662-5100
<http://cobblecreeklodge.com>

The Resort at Cypress Hills

King and Queen Hotel Rooms, Townhouses, and Cabins Available
Book by phone: (306) 662-4477
www.resortatcypresshills.ca

All individuals are responsible for booking and paying for their own accommodations.

Transportation will be provided to and from The Resort at Cypress Hills and the Cobble Creek Lodge.

STUDENT ASSISTANCE PROGRAM

Eligible students are entitled to receive financial assistance in the amount of 75% of the Student Conference Registration Fee. Visit the SPRA website at www.spra.sk.ca/conference for eligibility criteria and to access the application form.

SPONSOR A STUDENT

SPRA encourages recreation professionals and delegates to sponsor a student to attend the SPRA Conference. If you are interested in sponsoring a student, check the appropriate box on the Conference Registration Form and include the \$135 with your Conference fees. You will be contacted prior to the Conference and matched with a student.

REGISTRATION

There are two options to register:

1. Online by visiting www.spra.sk.ca/conference.
2. By completing the enclosed Registration Form and returning it to SPRA:
100-1445 Park Street
Regina, SK S4N 4C5

Don't forget to include your cheque, made payable to SPRA.

CONTACT US

If you require additional information contact us at (306) 662-2474 or by email at recroundup@maplecreek.ca. Or visit our website at www.spra.sk.ca/conference.



2018 SPRA CONFERENCE REGISTRATION FORM

Complete this registration form and return it to SPRA
with payment by cheque (payable to SPRA)
SPRA, 100 - 1445 Park Street, Regina, SK S4N 4C5

Or register online at www.spra.sk.ca/conference.

*Please note, payments by PayPal and cheque are accepted.

Name: _____ Organization/Community: _____

Address: _____ City: _____ Province/Territory: _____ Postal Code: _____

Phone: _____ Fax: _____ Email: _____

Voluntary Self-Declaration:

I am of Indigenous descent: ☐ yes ☐ no

Dietary Restrictions: Please indicate: _____

CONFERENCE FEES

- Full Conference includes all Conference sessions, meals, socials and the SPRA Awards Gala. All prices include GST.
- Registrations will not be processed until payment is received.
- 100% refund if written notice of cancellation received before September 28, 2018. 50% refund if written notice of cancellation received after September 28, 2018.
- No onsite refunds will be provided.

FULL CONFERENCE REGISTRATION ON OR BEFORE SEPTEMBER 28, 2018 (EARLY BIRD)

	Cost (includes GST)	Subtotal
<input type="checkbox"/> SPRA Member	\$250.00	
<input type="checkbox"/> Non-member	\$300.00	
<input type="checkbox"/> Student	\$135.00	
<input type="checkbox"/> Sponsor a Student - I would like to sponsor a student	\$135.00	

FULL CONFERENCE REGISTRATION AFTER SEPTEMBER 28, 2018

<input type="checkbox"/> All Registrations	\$300.00	
<input type="checkbox"/> Student	\$135.00	

PRE-CONFERENCE (October 17, 2018)

<input type="checkbox"/> Fall Recreation Programmers Meeting	No cost	Contact S.A.R.P. at 306-693-7277, or email office@sarponline.ca
<input type="checkbox"/> Guided Hike	No cost	
<input type="checkbox"/> Pre-Conference Social	No cost	
<input type="checkbox"/> Goat Yoga	\$20.00	Register at www.visitcypresshills.ca/tours

ADDITIONAL EVENT TICKETS

<input type="checkbox"/> Day Registration (October 18) - includes all daily meals and activities	\$155.00	
<input type="checkbox"/> Day Registration (October 19) - includes all daily meals and activities	\$155.00	
<input type="checkbox"/> Cowtown Culinary Tour (October 18)	\$60.00	
<input type="checkbox"/> President's/Minister's Luncheon (October 19)	\$25.00	
<input type="checkbox"/> SPRA Awards Gala (October 19)	\$60.00	
<input type="checkbox"/> Keynote Stuart "Twitchy" Ellis-Meyer (October 18)	\$10.00	
<input type="checkbox"/> Keynote Amberly Snyder - includes brunch (October 20)	\$30.00	

TOTAL

See session selection on reverse

SESSION SELECTION

TIME	EVENT	SELECTION
THURSDAY, OCTOBER 18		
12:00 p.m. - 1:00 p.m.	Delegates Networking Luncheon and Trade Show	
1:00 p.m. - 2:15 p.m.	Opening Remarks and Keynote Address by Stuart “Twitchy” Ellis-Meyer – ‘Unstoppable! Change Your Thoughts, Change Your Life’	
2:15 p.m. - 3:30 p.m.	SPRA Round Table and Candidate Speeches	
3:30 p.m. - 3:45 p.m.	Refreshment Break and Trade Show	
3:45 p.m. - 5:00 p.m. (select one)	CONCURRENT SESSION A	
	A1- Cross Cultural Collaboration in Recreation	
	A2 - Collaboration in Recreation	
	A3 - Social Media in Cultivating and Coordinating Recreation Opportunities	
5:00 p.m. - 5:45 p.m.	Cocktails, Social and Networking	
6:00 p.m. - 1:00 a.m.	Cowtown Culinary Tour	
FRIDAY, OCTOBER 19		
8:30 a.m. - 9:00 a.m.	Continental Breakfast	
9:00 a.m. - 10:15 a.m. (select one)	CONCURRENT SESSION B	
	B1 - Cultivating Cultural Landscapes	
	B2 - Art and Culture is Recreation	
	B3 - Flower Power! – Community Gardening for Personal and Community Wellbeing	
10:30 a.m. - 11:45 a.m. (select one)	CONCURRENT SESSION C	
	C1 - Horse Therapy in the Old Cowtown	
	C2 - Shootings in Southwest Saskatchewan	
	C3 - Tourism is Recreation	
12:00 p.m. - 2:00 p.m.	President’s/Minister’s Luncheon and SPRA AGM	
2:15 p.m. - 3:30 p.m. (select one)	CONCURRENT SESSION D	
	D1 - Event Hosting	
	D2 - A Taste of Bannock and Teepee Teachings	
	D3 - Saskatchewan Index of Wellbeing	
5:00 p.m. - 9:00 p.m.	SPRA Awards Gala - Cocktails, Dinner and Presentations	
9:00 p.m. - 11:00 p.m.	Comedian and Magician Trevor Moore	
SATURDAY, OCTOBER 20		
8:45 a.m. - 9:30 a.m.	Breakfast Buffet	
9:30 a.m. - 10:30 a.m.	Closing Keynote by Amberley Snyder	

By registering for the 2018 SPRA Conference, you grant SPRA and its associated entities, the right to use photographs or video taken of you for the purposes of promoting and/or advertising the benefits of recreation programs and events in any and all forms of advertising, including print, television, internet and otherwise, all without payment of any fee or consideration to yourself.

Please note that there are registration limits for certain sessions. Register early to ensure a spot in the session of your choice. Should registration already be full for one of your requests, you will be contacted and asked for an alternative choice.

In order for us to contact you via electronic means, please check the appropriate box below advising us whether or not you wish to continue to receive information from the Saskatchewan Parks and Recreation Association electronically.

1. Yes ☐

I hereby consent to the Saskatchewan Parks and Recreation Association sending me emails, newsletters, invitations, event notices, notifications and any other materials via email, text, social media and/or any other electronic means. I understand that I can unsubscribe from receiving such materials at any time.

2. No ☐

I do not wish to receive electronic communications from the Saskatchewan Parks and Recreation Association.