

2022-23

Saskatchewan Parks and Recreation Association Annual Report

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We are all Treaty people.

The Saskatchewan Parks and *Recreation Association's programs,* services and support reach lands covered by Treaties 2, 4, 5, 6, 8 and *10, the Traditional Territories of* the Cree, Dakota, Dene, Lakota, Nakota and Saulteaux peoples, and homeland of the Métis.

This land was part of the lives of Indigenous peoples long before our organization existed and continues to be now and into the future.

We extend our gratitude to the generations of people who have called this ancestral land home, and whose histories, languages and cultures continue to influence our communities.

We respect and honour the Treaties. reaffirm our relationships with one another, and move forward together in the spirit of truth, reconciliation and collaboration.

ment Grant Recipien

About **SPRA**

 SPRA is a network of recreation leaders dedicated to energizing Saskatchewan and changing lives. We imagine a province where everyone has the opportunity to enjoy recreation and feel more connected to nature, our communities and ourselves.

It's our job to connect, educate and inspire others to build this future together.

We're empowered to succeed through funding support from Sask Lotteries.

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2022-2023 **Board of** Directors

Jody Boulet President

Nick Daigneault Director for the North

Amy Kent Director for Cities

Chelsea Corrigan Director for Towns

Josh Davidson Director for Villages

Skylar Antoniuk Director at Large

Heidi Carl Director at Large

Dean Dodge Director at Large

Larry Hall Director at Large



President's Message

Hello members, volunteers, stakeholders, partners and friends:

As my six years on the SPRA Board ends, I'm reflecting on what an incredible journey we've had together. It's been an honour to serve the organization and our industry. Being a part of SPRA has allowed me to contribute to the positive impact that parks and recreation have on Saskatchewan's people and communities. I've seen smiles on people's faces as they discover new activities, the

sense of belonging that comes from community engagement, and the transformational power of shared outdoor experiences. These moments have reminded time and again why our work is so important.

I'm excited to share the accomplishments and progress SPRA has made during our 2022-23 fiscal year. As president, I can't help but feel a sense of pride and optimism about what we've achieved together. Our annual report is a testament to the dedication, collaboration and

passion that define our collective efforts to enhance quality of life for the people of Saskatchewan.

One of our standout accomplishments has been the initiation of the Regional Recreation Practitioner Program. By partnering with communities, we have supported the employment of recreation practitioners in various regions, contributing to equitable participation, efficient facility use and community engagement. This initiative demonstrates our dedication to building strong partnerships and nurturing recreation leaders who truly serve as community builders.

We're investing in the leaders of tomorrow through the Future Leaders Scholarship, ensuring that the spark of passion for recreation burns brightly in our emerging professionals. Programs like HIGH FIVE® and Take

the Lead![®] have equipped leaders with the essential skills to support social, emotional and cognitive health in our children and youth.

Our partnership with Sask Lotteries continues to be critical, enabling us to reach every corner of the province. Their support of and confidence in SPRA and our global partners empowers us to provide services, fund initiatives and create positive change. This year, we signed a renewal agreement that will see us stewarding lottery funds for another six years, continuing to shape communities and change lives for the better.

As we look ahead, the creation of our new Strategic Direction and the renewal of the Framework for Recreation in Canada present us with an opportunity to continue

shaping the path forward. We're in this together, and your successes, dedication and innovation will guide the way as we renew and redefine the future of parks and recreation.

To our partners, members, volunteers and dedicated staff, you are the backbone of this journey. Your hard work, energy and unwavering commitment have brought us to where we are today, and I can't thank you enough. Let's continue this remarkable journey together, making Saskatchewan a place where recreation flourishes and communities and nature thrive.

Jody Boulet

President, Saskatchewan Parks and Recreation Association

Partners Committed to Quality of Life

In communities across this province, there is little distinction between activities associated with sport, culture and recreation, especially for community residents. What we do know is that all these activities contribute so much to our quality of life and wouldn't be possible without Sask Lotteries.

Through an agreement with the Government of Saskatchewan, proceeds from the sale of lottery products benefit more than 12,000 sport, culture and recreation groups across the province. In the recreation industry, this funding from Sask Lotteries helps organizations like ours, BGC Battlefords, Inclusion Saskatchewan and Saskatchewan Seniors Mechanism to name a few.

In May of 2023, we had the privilege of working with our partners at the Government of Saskatchewan, Sask Sport and SaskCulture and renewed the lottery distribution agreement for the next six years.

The agreement guarantees proceeds from lottery ticket sales will continue to support sport, culture and recreation across the province. With this support, we can continue our collective work towards what makes this province one of the best places to live, work and play.

Testimonial:

"At BGC Battlefords, we provide opportunities for all kids to flourish, with quality recreational, educational and cultural programs that meet their needs. Last year, our Club served over 660 children and youth (with 530 attending our Drop-in Program, specifically). That's a record high, and we could not have done it without support from Sask Lotteries and SPRA."



Beneficiary Spotlight: Inclusion Saskatchewan

Inclusion Saskatchewan advocates and promotes inclusive recreation and leisure opportunities for people with intellectual disabilities. With 12 local branches throughout the province, they offer recreation programs and experiences that help foster friendships, learning and wellness.

They've seen an 11 per cent growth in their membership, which is unprecedented. Thanks to funding from Sask Lotteries, they can respond to this growth and continue to provide these programs at low or no cost. Participants and their families are so grateful for this support.

Their Branch Inclusive Recreation programs provide essential inclusive leisure and recreational activities for children who have disabilities, helping them to thrive over the summer months.



Testimonial:

"There is no other activity in our community that helps my son more than the Summer Program! The summer proaram has staff that understand disabilities and it keeps my son socializing and developing. He goes back to school with even more skills than he ended the previous year with. This is really important because kids with disabilities can often regress over the summer. This service is absolutely essential and we are so lucky to have it!" – Parent of Participant in Branch Inclusive Recreation Program

Regional Recreation Practitioner Program

Recreation practitioners are some of the most well-connected people in your community. It is a role that is more than the operation of facilities and delivery of programs. They are community builders. They are quality-of-life specialists. Collaboration simply comes with the gig!

We see recreation as a vehicle to inspire collaboration through the Regional Recreation Practitioner Program. This new program brings together a minimum of three local partners to support the employment of a full-time recreation practitioner in that area.

Each partner makes a commitment to having dedicated recreation staff and our team of Field Consultants will be there every step of the way

(1)

to mentor, share their industry expertise and be a resource to these practitioners in their new roles.

Residents of Arcola and surrounding area are one of four geographic regions that have received funding through this program. "This financial support will allow for the time needed to create and develop the programs and events that will make use of the facilities and those programs and events will in turn generate funds to ensure the longterm sustainability of the position," cites Mayor of Arcola, Scott Tessier.

Partners, the Town of Arcola, the RM of Brock and the Optimist Club of Arcola see the economic, social and health benefits that a recreation practitioner can provide. Their vision for the position is to:

- offer more sport, culture and recreation programs, providing more equitable participation in the area
- maximize efficient, year-round use of recreation spaces and facilities
- provide a knowledgeable, single point of contact for community organizations and groups
- offer leadership expertise to support local volunteers and facilitate collaboration among local groups and partners

We are excited to build new partnerships and connect with municipalities, communities and organizations that value recreation as essential to our quality of life.

Melfort Curling Club Sweeps Past Target

they've made:

_ Kerrie de Gooijer, a long-serving board member with the Melfort Curling Club, originally reached out to SPRA in December 2021, looking for grants to improve accessibility standards in their facility. We didn't know that this initial inquiry would lead to us to being a resource that has helped guide their non-profit organization to additional grants and funding sources.

As a non-profit organization, we recognized that the club has a lot on their shoulders! It's everything from looking after the facility and its lifecycle, to recreation and sport programming and marketing. The Club's Facebook page refers to their rink as "more than just a sports facility; it's a vibrant hub where people of all ages gather, socialize and feel a deep sense of belonging – curlers or not." And it is this sense of community where recreation is rooted.

We equipped Kerrie with our annual Grants and Funding Guide and connected her to one of our Consultants in that local area for support. Since then, we've offered advice on other opportunities as well.

Four recreation practitioner positions established to serve the following areas 1. Tisdale **Town of Tisdale RM of Tisdale**

RM of Connaught **Kinistin Saulteaux Nation**

3. Arcola

Town of Arcola RM of Brock **Optimist Club of Arcola**

2. Balcarres

Town of Balcarres **RM of Abernethy** RM of Tullymet **Balcarres and District Lions Club**

4. Ogema

Town of Ogema **RM of Key West Ogema Regional Park Authority**

8,393+ Saskatchewan people will have improved access to recreation and parks through this program.

Testimonials:

"This (Grants and Funding Guide) has been a much-appreciated resource as it has provided significant and valuable information and funding opportunities for our community." – Lori Neault- Recreation Liaison, Town of Delisle

"Thanks for your Recreation Board presentation. I am glad you and the Prairie Central District were here. Great conversation was had and some great ideas brought out."

– Brandy Losie, CAO, Village of Elbow

Now fast-forward to February of 2023, and Kerrie shared an update with us on the progress

"We've come a long way since I first emailed you in 2021. In the past two months, we have been approved for four federal grants (eek!): Enabling Accessibility Fund – Youth AND Small Projects, CPRA Each and Every One, and the New Horizons for Seniors Grant for a total of approximately \$148,000. This is in addition to our successful Investing in Canada Infrastructure Program application for \$310,000. This is HUGE for us. We had never applied for a grant before.

"Just wanted to reach out and say thank you for helping me out by making me aware of these various grants. And/or answering any questions I had (or finding people that knew the answers). Really appreciate it!"

Amazing accomplishment, right? We pride ourselves on building relationships and supporting people like Kerrie, championing recreation in their community. It's what our work is all about.



number of times Grants and Funding Guide was accessed

265

number of external grants shared by SPRA

Connecting With the Land, Its History and Each Other

During National Indigenous History month, we were honoured to gather with our industry friends at Wanuskewin Heritage Park. We were grateful for the opportunity to learn from Indigenous Elders, Knowledge Keepers and storytellers and experience Wanuskewin's interactive

exhibits, Indigenous art exhibitions, interpretive trails and groundbreaking archeology.

These learnings resonated deeply with us and those that joined us.

We look forward to continuing to walk the path of reconciliation and friendship with you.



Testimonials:

"Thanks to Saskatchewan Parks and Recreation Association for holding this event! I am grateful to the Elder who started our day with a smudge, a song and a prayer. I went on a hike along the peaceful trails after the event was over to just 'be.' The birds singing, the aspens rustling, the sun's warmth and the fresh breeze were a perfect end to the afternoon. My heart is full."

– Barb McGarry, SPRA Fitness Leader

"We joined Saskatchewan Parks" and Recreation Association for Tipi Teachings and a guided plant walk at Wanuskewin Heritage Park. Learning, sharing and celebrating our shared Canadian history is critical to providing inclusive, respectful and quality programs and services for all children, youth and families. Thanks for a wonderful learning experience!" – BGC Saskatoon



Building Capacity Through Human Resources

Staff and board members from Provincial Recreation Associations (PRAs) gathered in Regina to share experiences and learn from human resource management expert, Kn/A HR Consulting. The day was focused on growing knowledge on legal and ethical issues, recruitment. development of employees and creating strong and relevant human resource policies and procedures.

The opportunity to learn from the depth of knowledge and experiences of other PRAs was essential. Group discussions on recruitment, the Saskatchewan Employment Act,

onboarding and coaching allowed peer-to-peer sharing of best practices. The theme of accommodation led to a valuable discussion around the variety of supports that can be made available, human rights and the value that diversity brings to each workplace.

Everyone left this session with greater knowledge and a commitment to cultivating strong workplaces for their teams. Stronger teams equal a stronger recreation and parks industry in Saskatchewan.

Two SPRA Facebook Groups

connecting over 424 Saskatchewan recreation practitioners, volunteers and fitness leaders.

Recreation is at the table!

Did you know that we serve on 36 national, provincial and regional committees?

National

Session Ouote:

"Excellent content. Authentic, real and research based. Very applicable for the non-profit world." – Workshop participant

Testimonial:

"The Spring Symposium has done a great job of facilitating the sharing of information and I believe it has led to barriers between communities beina broken down and replaced with a greater desire for collaboration and knowledge sharing." – Michael Ulriksen, Director of Leisure Services, City of Humboldt





Riverhurst Communities in Bloom:

Leaders in Environmental Stewardship

Riverhurst became involved with the Communities in Bloom program in 2017 and it didn't take this motivated group of volunteers long to see the potential of this national program!

What others saw as a weedy, derelict and unattractive pasture at the village entrance, they saw as opportunity! An opportunity to improve the attractiveness of their community, recognize the importance of prairie wetlands and restore local habitat through a project that became known as the Riverhurst Wetland.

From the project's initiation in 2018, the Riverhurst Communities in Bloom Committee has been the catalyst for the transformation of this village-owned property. They've embraced the program's pillars of community engagement, beautification, heritage and environmental awareness every

step of the way. And their dedication and progress didn't go unnoticed, as this project received first place in 2021 at the Saskatchewan Municipal Awards.

In 2022, Riverhurst was the recipient of a recognition award for environmental action, through the Saskatchewan Parks and Recreation Association, the provincial coordinator of the Communities in Bloom program.

The Riverhurst Wetland was officially opened in July of 2022. The area includes accessible pathways, educational and interpretive signage, a large viewing platform and much more! This rejuvenation has not only benefited area residents but has become a destination for tourists as well.

We couldn't be more proud of what their Communities in Bloom Committee has accomplished over the past seven years!

Testimonial:

"The progress this small cadre of volunteers has made is clearly evident, particularly on the wetland project. This award-winning wetland project demonstrates environmental stewardship. You have made significant progress to restore an at-risk prairie ecosystem and to protect native species of animals and plants. Their CIB committee has led by example in demonstrating best practice environmental action."

RIVERHURST WET

– Keith Anderson and Cathy Joyner, 2022 Communities in Bloom Volunteer Judges

Riverhurst Communities in Bloom

7

10

3.8

years of involvement

committee volunteers

hectares of wetlands restored



Melfort Communities in Bloom

National winner in 2022

38 communities participated in the Communities in Bloom program

Saskatchewan represent!



Public Demand Brings Back Park Pass Lending Program

95 per cent of libraries and regional parks said they would like to see the Regional Park Pass Lending Program continue. That enthusiasm to connect people to nature is something we can get behind!

While having supportive partners in the Saskatchewan Library Association and Saskatchewan Regional Parks Association helps, it was really the voices of Saskatchewan residents that made offering this program for another year essential.

We were encouraged that the passes created lasting memories and outdoor experiences for so many. We were also grateful to reduce barriers to accessing these spaces.

Testimonials:

"I am so happy this program has been put in place and will be utilizing it in future years to come." – Pass Borrower

"Great program! If it continues next summer, we will plan to visit more regional parks." – Pass Borrower

Expansion of the program this year included:

Increasing the total number of passes available



800 in year one



1,200 in year two

Increasing the total number of library branches offering passes





308 in year two



4,448 newsletter subscribers

13,242 followers on SPRA's social platforms

587 attendees at 31 public

relations events

<image>

Memorial Lake Regional Park – Photo Courtesy of Saskatchewan Regional Parks Association



meetings with Elected Officials

165

per cent increase in the number of individuals, organizations and communities celebrating Parks and Recreation Month this year, compared to last year

Saskatchewan Advancement of the Framework

_ It is hard to believe that the Framework for Recreation in Canada: Pathways to Wellbeing officially launched over eight years ago. We've embedded its goals into our Strategic Plan and aligned it to our funding and our messaging. More importantly, we've seen our members and partners link their community plans and programming to it as well.

We continue to lead the country on the advancement of the Framework. We've been sharing (maybe even bragging about) our local successes through our work on the National Framework Leadership Team. These examples of implementation are hugely important as this group works to renew and advance the Framework. Our industry's voice and collective impact will help shape the renewal of the Framework which is scheduled to begin in 2025.

At the grassroots level, enthusiasm for the framework inspired us to expand our Framework in Action Grant this year. We saw how the goals of the Framework provided the flexibility to innovate, while responding to community needs.



Painted Pathways Project – Framework in Action Grant Recipient

Community:

Swift Current

Partners:

Chinook School Division, Holy Trinity School Division, Art Gallery of Swift Current, City of Swift Current -**Community Services**

Framework Goals Achieved:

- Active Living
- Connecting People and Nature

Great things happen when recreation intersects with arts, education and active living! With the help of a local artist, the Painted Pathways project came alive across five K-8 school playgrounds. Imagine hopscotch but taken to a whole new level that inspires active play and creates opportunities to practice movement skills like balancing, jumping and skipping.

here in Saskatchewan.

Investing in Our Future Leaders

_ The next generation of recreation and parks leaders is important to us and the sustainability of the industry. This year, we introduced the Future Leaders Scholarship and increased our investment in post-secondary

Amy Lafreniere-Wasacase, Scholarship Recipient

scholarships were

awarded this vear

students advancing their training in the field of parks and recreation.

Our Future Leaders Scholarship supports a diverse group of talented Saskatchewan youth to thrive academically and

Name:

Amy Lafreniere-Wasacase

"I am a Métis woman residing in isolated Indigenous communities. the historical Métis settlement of creating opportunities for sport, Île-à-la-Crosse. Saskatchewan. This leisure and recreation engagement. I recognize the importance of community is not my place of origin, but it is beautiful, welcoming and providing young children with these growing in many ways. However, opportunities so they can discover, there is more work to be done in engage and develop skills that will terms of equitable opportunities last a lifetime. and resources for healthy living for "Receiving this scholarship is the people of all ages and abilities.

"This is what motivated me to enter the field of Health and Kinesiology. I aspire to share my knowledge and skills for the overall well-being of isolated communities. I aim to work more closely with the youth of



Framework in Action Grant





professionally. Everyone has a right to education, and we're committed to providing those experiencing barriers the opportunity to apply for this funding.

Scholarship Recipient Profile

Faculty:

Kinesiology and Health Studies, University of Regina

support I need in my final year of studies. I am excited to graduate and begin working on creating sport. leisure and recreation opportunities for those who have not been privileged with such opportunities."



Focus:

Health Studies



scholarships were awarded last year

\$6,976,156 **Total funds distributed**

Testimonials:

"The arant is essential in allowing the skating rink to operate. With the costs of operation rising along with the effects of Covid still lingering, all funds available are necessary. The rink provides a safe space for the whole community to enjoy, whether exercising or going to watch your child partake in the activities."

– Village of White Fox, Community Rink Affordability Grant Recipient

"The program was running wonderfully for a smaller group of people but with the funds from the grant, we have been able to advertise in the local newspaper and seniors' paper to bring new people into the programs as well as new leaders."

– City of North Battleford, Forever... in *motion* Grant Recipient

Breakdown of investments (of the total funds distributed):

\$1,452,500

to 581 ice surfaces through the **Community Rink Affordability Grant**

\$2,610,598

to 32 Provincial Recreation Associations

\$1,110,110

to seven Districts for Sport, Culture and Recreation

\$1,455,853

to a Community Grant Program, Dream Brokers, Northern **Community School and Recreation Coordinators**

\$347,095

to SPRA Grants and Scholarships







2021 investments



Contributing to a More Active Saskatchewan!

_ As the Olivia Newton-John song says, let's get physical! And we're thrilled to be supporting a more active Saskatchewan. Combined, our 614 leaders in the Forever...in *motion* and Fitness Leaders programs are ambassadors of active living who motivate and encourage us to move more regularly and more often.

They have been leading fitness classes in over 165 communities across our province, and we thank them for that! Because of them, we can continue to enjoy the many mental, physiological and social benefits of being physically active.

This year, we also joined forces with ParticipACTION and the Ministry of Parks, Culture and Sport during June for the Community Challenge. Through this partnership, our combined efforts were able to support:

- 37 organizations in hosting programs that support physical activity programs for equity deserving groups
- \$165,200 of grants distributed across the province as part of the Community Challenge

"The Eastview and Al Ritchie neighbourhoods are proud to have participated in this year's ParticipACTION Community Challenge. It is important to be active and for organizations like ours to promote active play and physical activity. We are proud to be involved and to have contributed so many minutes of physical activity" said Denis Simard, Executive Director, Queen City Eastview and Al Ritchie Community Associations.

We all play a vital role in building active healthy communities – and this is a collective effort from our fitness and Forever...in motion leaders, partners, organizations and people that help make this happen!

38

Forever... in motion leaders trained this year

160 participants

took Fitness Leadership Certification Courses this year

17.5 million

active minutes were logged in Saskatchewan during June



training opportunities delivered by SPRA

training opportunities offered through our partners, members and industry friends

1.395

participants successfully completed SPRA training

105

people attended the Spring Training Symposium

Fitness Leaders kept their skills current by attending SaskMilk SaskFit Conference

Northern Lights School Division Prioritizes Leadership Development Through Recreation

This year, we saw more communities, schools and organizations reprioritize recreation and play. Varying from community gardens to museums, these groups came to us because they saw recreation as resource, a solution and support to offering safe, quality and FUN experiences.

As result, HIGH FIVE[®] and Take the Lead![®] trainings were back in high demand. Their focus on leadership development, active play, inclusion and safety provides a strong foundation to anyone delivering programs to children and youth, regardless of industry.

Jordan Kolbeck, Superintendent of Northern Lights School Division (NLSD) could see how HIGH FIVE training further complemented their staff's existing educational background but also saw how it

could be used to inject a little more FUN into their Summer Literacy Camps.

Last July, they trained 33 of their Summer Literacy Camp Instructors in HIGH FIVE Principles of Healthy Child Development (PHCD). They left the course feeling more confident in their work with children, which is so rewarding to hear. Less than a year later, the School Division was ready to continue their professional development journey with us and offered HIGH FIVE Introduction to Conflict Resolution and HIGH FIVE Planning Quality Programs.

These HIGH FIVE trained leaders and camp staff are supporting safe, quality and FUN experiences throughout the 18 northern communities – that's a remarkable commitment to their students.

Testimonials:

"The SaskMilk SaskFit Conference was an amazing experience. The organizers did such a good job collaborating with informative speakers and being able to run the entire Conference virtually was very convenient."

– SaskMilk SaskFit Conference Participant

"The building maintenance course has given me valuable information to take back to develop maintenance plans, improve safety plans, monthly checklists, etc."

- Spring Training Symposium Participant

33

HIGH FIVE certificates issued to NLSD Summer Literacy Camp staff – creating positive experiences for 3.900+ students

87

per cent of PHCD participants self-declared as Indigenous

"I had a lot of fun and how everything was presented was engaging and easy to follow. I learned quite a lot today and got valuable information on how to improve my own skills working with children."

- PHCD Training Participant, Northern Lights School Division

Youth Leadership Training

476 trained in HIGH FIVE

217

trained in Take the Lead!

"[Take the Lead!] provided an age-appropriate framework to deliver high quality activities to younger students. It provided an array of examples to use, and a structure to plan their activities. It also focused on seven important leadership skills to ensure the lessons ran smooth, which was crucial." – Legacy Park Elementary School, Weyburn



Financial Statements

Summarized Statement of Financial Position

At June 30, 2023

ASSETS	2023	2022
Cash	92,026	96,415
Unrestricted fund investments	2,915,916	2,696,739
Accounts receivable	49,145	41,663
GST receivable	8,743	5,237
Prepaid expenses	52,807	31,065
Capital assets	26,275	30,979
Restricted fund investments	642,067	642,067
Total	3,786,979	3,544,165

LIABILITIES AND NET ASSETS	2023	2022
Liabilities		
Accounts and adjudication payable	316,470	334,202
Post retirement benefit payable	57,596	55,530
Grants payable to funders	118,791	213,293
Deferred contributions and unearned membership revenues	66,669	42,442
	559,526	645,467
Net Assets		
Unrestricted	2,585,386	2,256,631
Restricted	642,067	642,067
	3,227,453	2,898,698
Total	3,786,979	3,544,165

Summarized Statement of Operations

Year ended June 30, 2023

6	
K	REVENUE
0	Grants
Sa	askatchewan Lotteries Trust Fund
Ν	linistry of Parks, Culture and Sport
0	ther
Se	elf-generated
7	īotal
E	XPENSES
В	oard Operations
С	
Р	orporate Services
	rogram Services
C	rogram Services

Total

Excess of revenue over expenses

Financial information is derived from the annual audited financial statements of the Saskatchewan Parks and Recreation Association Inc.

Detailed audited financial statements are available to members upon request.

2023	2022
4,036,425	3,689,873
1,532,056	1,560,497
14,000	29,696
5,582,481	5,280,066
441,396	275,737
6,023,877	5,555,803

2023	2022
64,956	64,794
1,467,270	1,337,802
1,231,509	1,054,694
420,104	519,865
2,298,890	2,303,306
212,393	-
5,695,122	5,280,461

328,755 275,342

