Building Pathways to Wellbeing

ANNUAL REPORT 2016-17



Saskatchewan Parks and Recreation Association

YEAR in Review

As you read our annual report, you will see how our programs and services are meeting the Outcomes of our Strategic Plan and enhancing recreational opportunities for all citizens of Saskatchewan. The Saskatchewan Parks and Recreation Association (SPRA) is the recognized leader for the wellbeing of people and communities through recreation. Our Strategic Plan is reflective of this leadership, with member's and stakeholder's feedback and current and emerging trends driving all aspects of our work. Our work also aligns with the five goals of *Framework for Recreation in Canada 2015: Pathways to Wellbeing*, which presents a renewed definition and vision for recreation across the country.

The five goals of the framework include:



Active Living



Inclusion and Access



Connecting People and Nature



Supportive Environments



Recreation Capacity

A VISION FOR RECREATION IN CANADA We envision a Saskatchewan in which all citizens have equitable access to recreation experiences that:

- Contribute to mental and physical health and wellbeing
- Result in well rounded, well-adjusted contributing members of their community
- Provide connection and attachment to their community and environment

A RENEWED DEFINITION OF RECREATION

Recreation is the experience that results from freely chosen participation in physical, social, intellectual, creative and spiritual pursuits that enhance individual and community wellbeing.

PRESIDENT/CEO Message

SPRA is an organization that is driven by the needs of its members, the sector, the network and society as a whole. And while there are a significant number of common needs among these stakeholders, there are also a significant number of differences. The challenge is to ensure that the commonalities are addressed in a manner that is also sensitive to the differences that exist. SPRA is committed to doing the right things, in the right way.

SPRA commissioned a Strategic Plan Mid-Term Evaluation to measure our progress in the implementation of our 2014-2019 SPRA Strategic Plan. The results identified that SPRA is seen as a leader in the recreation sector and are actively working towards achieving the Outcomes of the Plan. The responses show members are pleased with the Long Term and Intermediate Outcomes and the work that has been undertaken by SPRA to achieve them.

COngoing member feedback is beneficial to keeping SPRA relevant to its membership and keeps the membership involved and thinking of ways to continuously improve internally and externally. 33

> – Member Feedback, SPRA Strategic Plan Mid-Term Evaluation

It was also noted that in the future, SPRA's Strategic Plan should continue to align closely with the *Framework for Recreation in Canada 2015: Pathways to Wellbeing*. SPRA is already moving forward in this direction. An Engagement Team, consisting of volunteers from across Saskatchewan representing a varied range of communities and organizations, was formed and has developed a Framework for Recreation in Canada Provincial Engagement Strategy. This Engagement Strategy will assist SPRA, its members, communities, governments and other decision makers to use recreation and the Framework to support active living, increase inclusion and access, help people connect to nature, ensure the provision of supportive physical and social recreation environments and ensure the continued growth and sustainability of the recreation field.

Our Advisory Committees provide input on future direction, our community visitations give us a more comprehensive understanding of the issues, and our partnerships and presence at tables of influence makes sure that recreation's impact on quality of life remains understood and is part of community and provincial planning efforts.

SPRA has remained relevant and brings forward needed services for the membership. SPRA is recognized by the membership as a valuable link to innovation and trends in Sport, Culture and Recreation. 20

> – Member Feedback, SPRA Strategic Plan Mid-Term Evaluation

Our members set the direction for our organization and SPRA is fortunate to have a membership that is engaged and actively shares their thoughts and opinions. By listening to the feedback we receive, analyzing the results and turning input into action, we are moving forward on a strong foundation. By working together, we are strengthening the sector and improving the quality of life in our province.

Dawna Nielson, President Norm Campbell, CEO

WORKING TOGETHER to Advance Parks and Recreation

SPRA builds partnerships with organizations, communities and government organizations that share a goal of promoting recreation in pursuit of a healthier, more physically active Saskatchewan.

Strong Provincial Partnerships

SPRA commends the Government of Saskatchewan and its continued support of the Recreation, Sport and Culture sectors through the Saskatchewan Lottery License Agreement. The "Saskatchewan model" is continually used by SPRA as a best practice that demonstrates how government and the not-for-profit sector can work together for the betterment of the people that we serve.

SPRA and the Ministry of Parks, Culture and Sport have a strong and close working relationship that is committed to supporting parks and recreation and improving the quality of life in our province.

We continue to advance the Framework for Recreation in Canada. Together, we will be co-hosting a Gathering Strength – Framework for Recreation in Canada Forum in Regina, in May 2018. The Forum will bring together individuals, groups, universities and municipalities from across the country to share information, resources, strategies and the actions they have taken and can take to support the Framework.

Our collaboration with the Ministry continued supporting After-School Time Period (ASTP) providers through the development of an online portal (www.saskafterschool.ca). This portal was developed in partnership with the Canadian Active After School Partnership and is a hub for knowledge exchange on quality children's recreation programs.

Partners in National Leadership

As a member of the Canadian Parks and Recreation Association Board of Directors, SPRA collaborates with our 12 provincial and territorial partners on the development of national initiatives.

SPRA is also a dedicated supporter of the Canadian Parks and Recreation Association Professional Development Certification (CPRA PDC) – Canada's premier continuing education program for recreation and parks practitioners. Seven Saskatchewan practitioners are currently enrolled and working towards certification.

Global Partners

Our relationship with our two Global partners, Sask Sport Inc. and SaskCulture, remains strong. Through Tri-Global initiatives, including Respect Education (formerly RespectEd), Dream Brokers, the Community Grant Program, the Northern Community Schools Initiative and support of the Sport, Culture and Recreation Districts, we have collectively been able to strengthen and provide much needed support for local programs and services.



Recreation is at the Table

From Community Initiatives Fund Adjudication Committees, to networking at Recreation Practitioners Meetings, to being a part of the leadership driving the Saskatchewan Nonprofit Partnership, SPRA is actively engaged in building relationships for the advancement of the sector. Maintaining strong municipal connections has been a key focus of this relationship-building. In addition to attending events like SUMA and SARM, SPRA's presentation on Supporting Recreation in Saskatchewan Communities at the 2017 UMAAS Conference piqued the interest of over 200 delegates.

Working Towards Wellbeing

SPRA was the voice for recreation at consultations for the Canadian Index of Wellbeing, as well as provincially for the Saskatchewan Index of Wellbeing. These indices measure eight different domains which encompass areas such as Leisure and Culture, Community Vitality, the Environment and Healthy Populations. Recreation is a vital contributor to these domains and our presence keeps recreation a part of these conversations.

ENCOURAGING Active Living

We have a vital role to play in developing active healthy communities. Our commitment to fostering leaders contributes to a more active Saskatchewan.



390 Fitness Leaders Trained to National Standards

Fitness Leaders are the cornerstones of healthy, active living and play an integral part in empowering their communities, clients, friends and family to become physically active everyday! There are currently 390 SPRA Trained Fitness Leaders helping our communities to adopt a lifelong commitment to physical activity, which impacts the **physical activity levels of 75,328 individuals in Saskatchewan**. We are nationally and internationally affiliated through the National Fitness Leadership Alliance (NFLA), which ensures leading practice, career portability and professional recognition for fitness certification.

SaskFit

The annual provincial Fitness Leadership Conference, SaskFit, keeps the knowledge and credentials current for Saskatchewan Fitness Leaders. SaskFit provides both theoretical and practical learning experiences delivered by experts in the field.

What an amazing conference! Hats off to all of you who put this on. I'm inspired, informed and as a newbie, I feel more confident and competent.) **SaskFit**



attracted close to **200** Fitness Leaders!

Getting Youth Moving!

The national ParticipACTION Teen Challenge, sponsored by Coca-Cola Canada and delivered provincially by SPRA, enabled teens to get active and to have fun in ways that mean something to them. Community organizations benefitted from funding to support teen-focused physical activity initiatives.

^C The Teen Challenge Fitness Club at Gordon F. Kells High School in Carlyle, SK started in January 2016. The intent was to provide students with the opportunity to be involved in physical activity 4 days a week from 7:45 am - 8:30 am. 33

> – Krystal Fehrenbach, Community Education Liason



Supporting Lifelong Physical Activity

SPRA remained committed to the delivery of physical activity programs that enhance the quality of life for older adults in the province. **Forever...in** *motion*, developed by the Saskatoon Health Region and provincially implemented by SPRA, improves the health of older adults living in the community through physical activity and education.

The Forever...in *motion* Leader training provides information on chronic conditions, how to lead safe exercise programs for older adults and how to prevent falls. We currently have 285 Forever...in *motion* Leaders in the province with **85 new leaders trained in 2016-17**.

SPRA further supported **Forever...in** *motion* by offering a Grant that distributed \$20,000 across 17 Saskatchewan communities for the development and implementation of **Forever...in** *motion* programming.



Forever...in motion gets me out of the house, gets me moving and I really enjoy being around others.

– Forever...in motion participant

INCREASING Inclusion and Access

We are responsive to the changing needs of the populations we serve. There is continued support to reduce barriers to participation through a variety of programs, initiatives, research and funding opportunities.

Positive Recreation Experiences

Respect Education for Sport, Culture and Recreation – a program offered in partnership with SaskCulture, Sask Sport and Canadian Red Cross – continued to provide support, guidance and resources on abuse, harassment, hazing and bullying. This past spring, the initiative expanded to include the #TalkItOut campaign which encourages anyone involved in youth activities, including coaches, parents, participants and instructors, to call a toll-free line to receive guidance and support if they are experiencing issues with bullying, violence, abuse or hazing.

⁽⁽⁾ By giving parents and recreation providers the resources they need, the support line ensures that children and youth in Saskatchewan have access to inclusive, safe and healthy play environments. 33

– Dawna Nielson, SPRA President

C Findings like these will help us continue to push for more inclusive and affordable facilities. 33

> – Michael Leier, Prairie Lily Curling League

Surveying the Field

The Surveying the Field 2017 Research, gave insight on how issues of inactivity, discrimination and harassment and accessibility in recreation affect the people of Saskatchewan, including those who are newcomers to our province, First Nations and Métis, LGBT, or those who identified themselves as a visible minority. We contacted several Indigenous and LGBTQ organizations who confirmed the challenges presented by the findings of our survey and supported SPRA's research efforts and our leadership in working to reduce barriers to participation.

Improving Our Understanding

Accessing support from SaskCulture, SPRA staff participated in an Intercultural Development Inventory (IDI). The inventory assisted staff in assessing their current capability to shift cultural perspective and appropriately adapt behavior to cultural differences and commonalities. Findings have assisted staff in recognizing their strengths and opportunities for professional growth and gaining skills to combat racism, instill cultural competency and engage diverse populations.

^C With assistance from the First Nation Member's Grant, 25 children were introduced to basic swim techniques and water safety. 22

> – Brendon Crain, Muskoday First Nation

Funding to Increase Access

SPRA supported barrier reduction through a number of Grants including, the SPRA First Nation Member's Recreation Grant, the Métis Recreation Development Grant and the Community Cultural Diversity Inclusion Grant.

Relieving boredom for the youth is the primary goal in the implementation of soccer. Lack of equipment was the reason for not having a soccer program but with the help of the Métis Recreation Development Grant, we can now make it a reality for our youth.

- Wayne Laliberte, Beauval Minor Sports & Recreation

First Nations Health Through Fitness Leadership

SPRA is working with *Health Canada, First Nations and Inuit Health Branch*, to develop a First Nations Fitness Certification model. SPRA and Health Canada share objectives to improve the overall health of First Nations people and increase physical activity levels. This pilot project will result in a First Nations Group Exercise Fitness Certification program which will utilize SPRA's existing nationally accredited Fitness Leadership Program to train First Nation individuals as leaders to deliver culturally appropriate, safe, community based fitness programs within their communities.

Stronger First Nations Recreation Boards

Services continued to be available to support First Nations communities in the development and revitalization of their Recreational Boards. Six workshops were held this past year, with representation from 16 First Nations communities.

Collaboration with interested Sport, Culture and Recreation Districts and Tribal Councils has been instrumental in provision of these opportunities.

It is impressive how much SPRA has already done in this area.

- Feedback from the Cultural Diversity and Inclusion Study

Research in Cultural Inclusion and Aboriginal Engagement

Research not only provides us with evidence, it provides valuable insight on who we are serving and provides perspective on the trends and issues facing the sector. SPRA conducted two studies on Cultural Diversity and Inclusion and Aboriginal Engagement to better align program and services delivery with the needs of its membership and Saskatchewan's Indigenous community.

HELPING People Connect to Nature

SPRA continued to provide advocacy, training and resources for the purpose of ensuring the sustainable management of parks and open spaces.

Quality Parks and Open Spaces

In 2017, SPRA launched the new Saskatchewan Parks Worker Course, in partnership with the Saskatoon School of Horticulture. The course participants learned the building blocks of horticultural and park practices. Additional training on Invasive Weeds and the Landscape Applicators Course helped to keep the field current and expand their knowledge base. Course was very informative. I will definitely be using what I learned. 20

- Saskatchewan Parks Worker Participant

Trails, Conservation and Park Development

Collaboration continued with organizations such as the Association of Saskatchewan Urban Parks and Conservation Agencies, the Saskatchewan Regional Parks Association, the Saskatchewan Trails Association, the Trans Canada Trail and the Government of Saskatchewan – Ministry of Environment. Our expertise and consultative services supports the provision of quality, parks and open spaces across Saskatchewan.

Celebrating Parks and Recreation

June is Recreation & Parks Month (JRPM) celebrations kicked off with the City of North Battleford hosting this year's launch event. Over 50 JRPM Ambassadors hosted events across the province. These celebrations recognized community volunteers, showcased the importance of park spaces and recreation activities and most importantly, got people outside.

We are thrilled to be a partner and promote the importance of recreation, leisure and parks in our community and province. It is a great opportunity to showcase our beautiful city and the amazing parks, pathways and recreational activities that are offered here. 32

- City of Swift Current

Communities in Bloom

Communities across Saskatchewan had the opportunity to enhance civic pride, environmental responsibility and overall community development and to partake in some friendly competition through the Communities in Bloom program. 43 communities participated in the Saskatchewan program and an additional six Saskatchewan communities participated in the National Communities in Bloom program – with Ituna and Humboldt being declared national winners.

Communities in Bloom is a way of saying that we're proud of what we have, that we can identify with our community and that we encourage volunteerism. 22

– Kev Sumner, Kamsack Recreation Director

43 communities participated in



Communities in Bloom

C There are many positive things that come out of community beautification, everything from civic pride, with volunteers and residents forming a connection to the place and connecting back to food and where it comes from with community gardens, as well as improvements to mental health with the addition of green space. 33

– Gail Pearcy, CiB judge

Contributing to a Shared Vision for Canada's Parks

SPRA was involved with discussions, consultations and drafting of the Parks for All Strategic Framework. This shared vision for Canada's parks and protected areas is led nationally by the Canadian Parks and Recreation Association (CPRA) and the Canadian Parks Council (CPC). We have been Saskatchewan's voice in ensuring this strategy is representative of our province's and network's needs.



CREATING Supportive Environments That Build Strong, Caring Communities

SPRA remains committed to the delivery of quality, cost effective training opportunities for recreation and facility operators so Saskatchewan residents can enjoy recreation activities in safe and effective environments.

Training Facility Operators to Provincial Standards

The 2017 Spring Education and Training Symposium provided 102 participants with the knowledge, skills and resources necessary to deliver quality parks and open spaces and safe, efficient recreation facilities. New courses included Event Planning and Management, Employee Training and Safety Awareness, Landscape Applicator Program and the Saskatchewan Parks Worker Course, to name a few. We got to share our own tips and advise others what we are doing, while gaining new information from other individuals on how to operate our facility more efficiently.

– Symposium participant

Arena Operator Level 1 85 Operators trained



Arena Operator Level 2 26 Operators trained SPRA continued to offer the Arena Operator Level 1 and 2 Courses. To further provide Northern residents with the skills and abilities necessary to provide safe recreation facilities, SPRA held an Arena Operator Level 1 Course in Buffalo Narrows, with 14 participants receiving their Arena Operator Level 1 Certification.

Take the Lead!®

Building Leaders through Play

Our **Take the Lead!**[®] Program, provided leadership training to youth ages 11-14, which they used to implement active play opportunities for the younger children in their school or organizational setting.



HIGH FIVE® and Play Leadership

Through HIGH FIVE[®] training, community leaders, coaches and supervisors learn how to offer safe, diverse and developmentally appropriate programming for children ages 6 to 12. New HIGH FIVE[®] training opportunities included the Strengthening Children's Mental Health (SCMH) and Older Adult components. Play Leadership training continues to be offered as a supplement to Principles of Healthy Child Development (PHCD), which further develops a leader's knowledge on implementing quality play programming.



Youth Community Education through Recreation

The Youth Community Education through Recreation project is advancing youth leadership in the province by strategically partnering with the education sector – where youth spend most of their time. In partnership with the Saskatchewan Association for Community Education, Take the Lead![®], HIGH FIVE[®], Play Leadership and Youth Fitness Leadership are the avenues through which leadership capacity is built in this initiative. Providing youth with positive leadership opportunities at a young age will increase their potential for volunteerism, thus contributing to the overall wellbeing of their community.

^{(C} Take the Lead! really helped some of our youth to form bonds with one another. Our youth leaders really care when someone gets hurt during play, when a child feels left out, etc. >>

– Holly Rope, Educator – Peepeekisis Pesakastew School

ENSURING the Continued Growth and Sustainability of the Field

SPRA supports new and existing recreation professionals through the provision of financial assistance, education and resources.

Enhancing Community Recreation

SPRA continued to partner with the Sport, Culture and Recreation Districts to assist communities working to strengthen their recreation boards. Over the past three years, 28 communities have enhanced and revitalized their community recreation delivery system through this process.

The SPRA Leadership Development Grant offered additional sustainability to communities. This funding ensured recreation leaders have the skills and training to deliver quality recreation programs in their community.



Commitment to Provincial Recreation Associations

SPRA distributed over \$2.3 million to 33 Provincial Recreation Associations (PRAs) as the steward of the Recreation Section of the Saskatchewan Lotteries Trust Fund for Sport, Culture and Recreation. With this funding, our PRAs were able to deliver quality recreation experiences to the residents of Saskatchewan.

The PRAs will be transitioning to a Three-Year Funding Model, beginning in 2018. This change offers long-term stability and will assist these organizations in the development of more strategic and sustainable planning.

C This funding is extremely important to the delivery of our recreational programs. There is no other organization from which the SACL currently receives funding specifically to foster leisure and recreational activities that include individuals with intellectual disabilities. 33

> Connie Anderson, Saskatchewan Association for Community Living (SACL)

Supporting Our Future Leaders

SPRA scholarships supported individuals pursuing careers in recreation who were enrolled in recreation and leisure programs across Saskatchewan. Three \$1,500 scholarships were awarded:

- University of Saskatchewan: Maxim Powiada
- Saskatchewan Polytechnic: Tia Bossaer
- University of Regina: Nathan Legg

Students also receive a free membership to SPRA and a discounted rate to attend the SPRA Conference.

Recognizing Excellence in Parks and Recreation

SPRA's Awards Program paid tribute to individuals and communities who have made outstanding and extraordinary contributions to the parks and recreation movement in Saskatchewan. Recipients included:

- Award of Merit Deb Ashby
- Community Achievement Award Bengough Gateway Festival
- Volunteer of the Year Award Bruno Lemire
- Fitness Leadership Award Orpha Smith
- Facility Operations Award Danny Rudyck
- Parks and Open Space Award Limerick Centennial Park
- Cecil Nobes Facility Award of Excellence Moosomin Potash Corp Sportsplex

Building Essential Skills

Opportunities to build capacity and sustainability were provided in the areas of sponsorship and human resources. Training offered in these areas was in response to feedback from our members. **75 participants received information, training and exercises in key strategic HR through the HR Boot Camp and 25 participants enhanced their sponsorship skills**. C The HR Boot Camp will benefit our staff as we try to continue to develop ways to sustain our amazing group of employees and provide a safe and pleasant atmosphere to work in. 33

– Bobbi Henbron, Town of Kerrobert

SPRA's Annual Conference, Healthy Communities – Harvesting the Benefits, was hosted in conjunction with the Communities in Bloom National Symposium on Parks and Grounds and National & International Awards Ceremonies. The event attracted over 425 local, national and international delegates and provided opportunities for learning, sharing of best practices and trends and networking.

Current and Connected

SPRA keeps its network and members current, connected and informed. We communicate information, trends and research to support lifelong learning and informed decision-making through resources and technologies.

This year, we improved access to information and programs by redesigning our website to make it mobile-friendly. Now you can visit our website on a smartphone or tablet and have an optimized experience for your device. Our social networks continue to grow and keep you to up-to-date with news, information and trends.



3,678 resources



borrowed to help build skills and support informed decision making

Helped over 635 people



find information, resources and answers



I really appreciate the SPRA newsletters. They have great info! >>

> – Health Promotion Coordinator, Prairie North Regional Health Authority

Community-Minded Communications

From our magazine, DIRECTION, to our blog, our communications are focused on sharing the successes, innovations and challenges facing the parks and recreation sector. These stories strengthen the network and we all benefit by learning from each other.

Parks & Recreation Connection, SPRA's weekly newsletter has more than 1,410 subscribers.

SUMMARIZED Financial Statements

Year Ended June 30, 2017

Summarized Statement of Financial Position

ASSETS			
		2017	2016
Cash	\$	76,222	\$ 80,763
Unrestricted fund investments		1,594,272	1,241,796
Accounts receivable		58,358	47,944
GST receivable		6,123	2,596
Prepaid expenses		130,076	125,657
Capital assets		30,420	37,310
Restricted fund investments		624,368	582,425
	\$	2,519,839	\$ 2,118,491
LIABILITIES AND NET ASSETS Liabilities	\$	152 025	127 602
Accounts and adjudication payable	Ş	153,935	127,602
Post retirement benefit payable		63,903	59,333
Grants payable to funders Deferred contributions and		96,951	-
unearned membership revenues		271,699	239,171
		586,488	 426,106
Net Assets			
Unrestricted		1,308,983	1,109,960
Restricted		624,368	582,425
		1,933,351	1,692,385
	\$	2,519,839	\$ 2,118,491

Summarized Statement of Operations

REVENUES

2017		2016
\$ 3,678,600	\$	3,527,931
 804,317		1,918,826
 4,482,917		5,446,757
3,479,577		3,390,577
 762,374		2,021,259
4,241,951		5,411,836
\$ 240,966	\$	34,921
\$	\$ 3,678,600 804,317 4,482,917 3,479,577 762,374 4,241,951	\$ 3,678,600 \$ 804,317 4,482,917 3,479,577 762,374 4,241,951

Detailed financial statements are available to members on request.

To the Directors of Saskatchewan Parks and Recreation Association Inc.

The accompanying summarized statement of financial position and statement of operations are derived from the audited financial statements of Saskatchewan Parks and Recreation Association Inc. as at June 30, 2017 and for the year then ended. We expressed an unmodified audit opinion on those financial statements in our report dated October 4, 2017. Those financial statements, and the summary financial statements, do not reflect the effects of events that occurred subsequent to the date of our report on those financial statements.

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Saskatchewan Parks and Recreation Association Inc.

Management's Responsibility for the Summary Financial Statements

Management is responsible for the preparation of a summary of the audited financial statements in accordance with Canadian accounting standards for not-for-profit organizations.

Auditor's Responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standards (CAS) 810, "Engagements to Report on Summary Financial Statements."

Opinion

In our opinion, the summary financial statements derived from the audited financial statements of Saskatchewan Parks and Recreation Association Inc. for the year ended June 30, 2017 are a fair summary of those financial statements, in accordance with Canadian accounting standards for not-for-profit organizations.

MWC Chartered Professional Accountants LLP REGINA, Saskatchewan October 4, 2017

2016-17 SPRA Board of Directors



Back Row (right to left):

Ken Ottenbreit – Director for Cities, TJ Biemans – Director for the North, Chrisandra Dezotell – Director at Large, Dylan Czarnecki – Director at Large and Taylor Morrison – Director for Villages

Front Row (right to left):

Coralie Bueckert – Director at Large, Dawna Nielson – President, Guylaine Green – Director at Large and Jaime Helgason – Director for Towns

RECREATION an Investment for Life

Through an agreement with the Government of Saskatchewan, proceeds from Saskatchewan Lotteries are dedicated to sport, culture and recreation organizations to benefit communities.



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