



# New Fitness Leader Certification Form

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ (h) \_\_\_\_\_ (w) \_\_\_\_\_ (cell)

### Voluntary Self-Declaration:

Are you of Indigenous descent?  Yes  No If yes, are you:  Status  Non Status  Metis

I am between the ages of:  16-19  20-29  30-39  40-49  over 50

What other certifications do you hold?  YMCA  Can-Fit-Pro  CFES  CEP  CPT  Ace  Bellyfit

BTS  CALA  CrossFit  Kettlebell  Keiser  NIA  Pace  Pilates  TRX  Urban Poling

WaterART  Yoga Alliance  Zumba

As of July 1, 2014, Canadian Anti-Spam Legislation (CASL) prohibits us from contacting your electronically without your consent. In order to keep you informed with program updates, newsletters, invitations, event notices, notifications and any other materials via email, text, social media and/or any other electronic means, the **Saskatchewan Parks and Recreation Association requires your consent.**

### Please select one of the following:

**Yes**  I consent to receive electronic communications from the Saskatchewan Parks and Recreation Association. I understand that I can unsubscribe from receiving such materials at any time.

**No**  I do not wish to receive electronic communications from the Saskatchewan Parks and Recreation Association.

### Please ensure all documents and fees are sent in at the same time. You will need to include:

A copy of your **Practical Evaluation**, signed and completed by an SPRA Course Conductor

A copy of your **Lesson Plan** used for the **Practical Evaluation**

A copy of your CPR **Level A minimum** and Standard First Aid certificate(s). **On-line courses will not be accepted.**  
CPR certificate must be **current and within 12 months of date of issue.**  
Standard First Aid Certificate must be current as per service provider.

Certification Fee of \$85.00 – Yearly Certification from January 1<sup>st</sup> to December 31<sup>st</sup>

Certification Fee of \$70.00 – Partial year Certification from July 1<sup>st</sup> to December 31<sup>st</sup>

Certification Fee of \$50.00 – Partial year Certification from October 1<sup>st</sup> to December 31<sup>st</sup>

Visa  MasterCard  Cash  Cheque (Please make all cheques payable to SPRA)

Card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

By signing this form you are giving SPRA permission to post your name and place of residency on the SPRA website and to distribute information to individuals looking for SPRA Certified Fitness Leaders in the Province of Saskatchewan.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Upon receipt of the above information and fees, your Certification will be effective until December 31<sup>st</sup>. Forms can be mailed to our office or faxed to (306) 780-9257. If you have any questions, please contact SPRA Fitness at 1-800-563-2555. Once your application has been processed, a certificate will be emailed to you.