



## Fitness Leadership Certification Transfer Application Form

Please fill out and submit the following documentation and fees to transfer your certification to an SPRA Certified Fitness Leader:

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ (h) \_\_\_\_\_ (w) \_\_\_\_\_ (c)

### Voluntary Self Declaration

Are you of Indigenous decent? ☐ Yes ☐ No ☐ I prefer not to disclose

I am between the ages of: ☐ 18-29 ☐ 30 – 39 ☐ 40 – 49 ☐ 50 – 59 ☐ 60 – 69 ☐ 70+

Canadian Anti-Spam Legislation (CASL) prohibits us from contacting you electronically without your consent. In order to keep you informed with program updates, newsletters, invitations, event notices, notifications and any other materials via email, text, social media and/or any other electronic means, the **Saskatchewan Parks and Recreation Association requires your consent.**

### Please select one of the following:

**Yes** ☐ I consent to receive electronic communications from the Saskatchewan Parks and Recreation Association. I understand that I can unsubscribe from receiving such materials at anytime.

**No** ☐ I do not wish to receive electronic communications from the Saskatchewan Parks and Recreation Association.

### Please indicate which module(s) you are requesting to transfer:

☐ Group Exercise (Land) ☐ Aquatic Exercise ☐ Exercise for Older Adults

#### Transfers from National Fitness Leadership Alliance Provinces/Territories or YMCA

Current Leaders certified with a NFLA agency or YMCA must submit the following:

- ☐ Copy of current certification or registration  
**AFLCA/YMCA Note:** Group Exercise transfers require a minimum of **two** land fitness streams/designations.
- ☐ Copies of previous year's Continuing Education Credits (minimum 12 credits).
- ☐ Copy of CPR (Minimum Level A) and First Aid Certificate – must be current and within two years of date of issue.

#### Transfers from non-NFLA/YMCA Organizations (examples: ACE, canfitpro, IDEA)

Non-NFLA/YMCA candidates must submit and complete the following:

- ☐ Challenge NFLA Fitness Theory Exam (\$78.75 fee).
- ☐ Challenge NFLA Exam and Practical Observation for each specialty module with a SPRA Course Conductor (\$75.00 fee/module) The Course Conductor will charge an additional charge for the Exam Fee and practical evaluation.
- ☐ Copy of current certification or registration.
- ☐ Copies of previous year's Continuing Education Credits (minimum 12 credits).
- ☐ Copy of CPR (Minimum Level A) and First Aid Certificate and must be within two years of date of issue.

**Note:** There is an \$90.00 Annual Certification Fee for either type of transfer, the certification year is from January 1 to December 31.

**Payment Type:** ☐ Credit Card ☐ Cheque (payable to: Saskatchewan Parks and Recreation Association)

By signing this form you are giving SPRA permission to provide your contact information to organizations or individuals looking for SPRA Certified Fitness Leaders in the province of Saskatchewan.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Upon receipt of the above information and fee, your application will be reviewed and you will be informed if any other information is required. Forms can be mailed to our office, faxed to (306) 780-9257, or emailed to [fitness@spra.sk.ca](mailto:fitness@spra.sk.ca). Once your transfer application has been processed, a certificate will be emailed to you.