



New Fitness Leader Certification Form

Name: _____

Email: _____

Address: _____

City/Town: _____ Province: _____ Postal Code: _____

Telephone: _____ (h) _____ (w) _____ (c)

Voluntary Self Declaration:

Are you of Indigenous decent? ☐ Yes ☐ No ☐ I prefer not to disclose

I am between the ages of: ☐ 18 – 29 ☐ 30 – 39 ☐ 40 – 49 ☐ 50 – 59 ☐ 60 – 69 ☐ 70+

What other certifications do you hold? ☐ YMCA ☐ CanFitPro ☐ CFES ☐ CSEP (CEP or CPT) ☐ Bellyfit

☐ Bender Ball ☐ BTS ☐ CALA ☐ NIA ☐ NSCA ☐ Pilates ☐ TRX ☐ Urban Poling ☐ WaterART

☐ Yoga ☐ Zumba ☐ **Forever...in motion** ☐ Other: _____

Please describe the type of classes that you lead: _____ Number of Participants: _____

Canadian Anti-Spam Legislation (CASL) prohibits us from contacting you electronically without your consent. In order to keep you informed with program updates, newsletters, invitations, event notices, notifications and any other material via email, text, social media and/or other electronic means, the **Saskatchewan Parks and Recreation Association (SPRA) requires your consent.**

Please select one of the following:

Yes ☐ I consent to receive electronic communications from the Saskatchewan Parks and Recreation Association. I understand that I can unsubscribe from receiving such materials at any time.

No ☐ I do not wish to receive electronic communications from the Saskatchewan Parks and Recreation Association.

Please ensure the following documents and fees are sent in at the same time:

- ☐ A copy of your Practical Evaluation signed and completed by an SPRA Course Conductor.
- ☐ A copy of your Lesson Plan used for the Practical Evaluation.
- ☐ A copy of your CPR (minimum Level A) and Standard First Aid certificate(s) - must be current and within two years of the issue date. **Note:** Blended learning courses are accepted for new Fitness Leaders.
- ☐ Certification Fee of \$90.00 – yearly certification from January 1 to December 31.
- ☐ Certification Fee of \$70.00 – partial year certification from July 1 to December 31.
- ☐ Certification Fee of \$50.00 – partial year certification from October 1 to December 31.
- ☐ **Payment Type:** ☐ Credit Card ☐ Cheque (payable to: Saskatchewan Parks and Recreation Association)

By signing this form you are giving SPRA permission to provide your contact information organizations or individuals looking for SPRA Certified Fitness Leaders in the province of Saskatchewan.

Signature: _____ Date: _____

Upon receipt of the above information and fees, your Certification will be effective until December 31. Forms can be mailed to our office, faxed to (306) 780-9257, or emailed to fitness@spra.sk.ca. If you have any questions, or wish to pay by credit card, please contact SPRA Fitness toll-free at 1-800-563-2555. Once your application has been processed, a certificate will be emailed to you.