



Saskatchewan  
Parks and Recreation  
Association



Saskatchewan Association  
for Community Education

# Youth Community Education through Recreation

Frequently Asked Questions

## Who can be involved?

**Elementary schools** that are interested in implementing Take the Lead!, or that have already implemented Take the Lead!. **High schools** that are interested in providing HIGH FIVE and Play Leadership to their grade 11 or 12 students either during class time or after school. **Physical Education teachers** that are interested in offering Youth Fitness Leadership to their grade 11 and 12 students. **Community Organizations** that offer programming to children and youth. Any other **champion** who wishes to advance youth leadership development in their community.

## What does the project include?

The programs included in this project are **Take the Lead!**<sup>®</sup>, **HIGH FIVE**<sup>®</sup>, **Play Leadership** and **Youth Fitness Leadership**. All of which will be offered at **no cost** to schools. More info on each of these can be found at [www.spra.sk.ca](http://www.spra.sk.ca). This project also includes a **commitment** from individuals and organizations to build their capacity to **support youth leadership development**. This can be done by increasing the number of partnerships between the school and the community, and by supporting champions within your school or community to become Trainers for the programs.

## Why would you want to be involved?

To achieve the following **project outcomes**:

- Youth leadership development is supported by **improved relationships** between the recreation and education sectors
- Educators have **increased knowledge** of the recreation programs/initiatives that support youth leadership development
- Saskatchewan youth are **more employable** and **more likely to volunteer** due to their engagement with recreation programs/initiatives
- The education sector has **greater capacity** to support youth leadership development through recreation programs/initiatives

## How to get involved?

If your school or community organization is interested in becoming involved please contact:

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