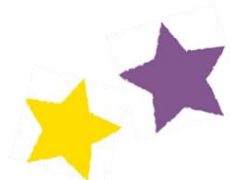


# HIGH FIVE® Pricing



## Workshop Prices – Updated September 2021

Course Name	Delivery Format	Course Length	Price per Participant Registered Organization (+GST)	Price per Participant Non-Registered Organization (+GST)	Workshop Facilitator Fee (+ Trainer Travel Costs)
*Principles of Healthy Child Development (PHCD)	In-Person	7 hours	\$38	\$48	\$340
PHCD 4 hours (+ Optional Add-on Modules)	In-Person	4-7 hours	\$38	\$48	\$280-340
PHCD 4 hours	Virtual, Live	4 hours	\$47	\$57	\$280
Healthy Minds for Healthy Children	Virtual, On-Demand	1 hour	Free (for PHCD and HIGH FIVE® Sport participants)		N/A
PHCD QUEST 2	In-Person	7 hours	\$84	\$100	\$340
PHCD QUEST 2	Virtual, Hybrid	4 hours	\$129		N/A
PHCD QUEST 1	Virtual, On-Demand	2 hours	\$150 Online Tool + \$150 Product (optional)		N/A
HIGH FIVE® Sport	In-Person	5 hours	\$38	\$48	\$300
HIGH FIVE® Sport (+ Add-on Modules)	Virtual, On-Demand	4 hours	Free (for a limited time)		N/A
Strengthening Children's Mental Health (SCMH)	In-Person	7 hours	\$38	\$48	\$340
Principles of Healthy Aging (PHA)	In-Person	7 hours	\$48	\$58	\$340
PHA QUEST 2 (online)	Virtual, On-Demand	2 hours	\$65		N/A
PHA QUEST 1 (online)	Virtual, On-Demand	2 hours	\$150 Online Tool + \$150 Product (optional)		N/A

\*Available until January 1, 2022. Please contact [kmichaluk@spra.sk.ca](mailto:kmichaluk@spra.sk.ca) for more information.