

**Saskatchewan Parks and Recreation Association  
Accredited Exercise for Older Adults Course Conductors**

Name	City	Phone Numbers	Email Address	Facilitate Modules	Proctoring and Examinations
Brenda Hamre	Regina	(306) 545-6842	<a href="mailto:brenda_hamre4@kateibo.com">brenda_hamre4@kateibo.com</a>	Yes	Yes
Cyndy Penrose	Humboldt	(306) 682-4632	<a href="mailto:cyndyp@hotmail.com">cyndyp@hotmail.com</a>	Yes - Between April and November	
Kimberly Willison	Clavet Saskatoon	(306) 668-8808 (306) 655-0829	<a href="mailto:cm_kimberlywillison@hotmail.com">cm_kimberlywillison@hotmail.com</a>	Yes	Yes
Laurie Idema-Wood	Regina	(306) 533-4387	<a href="mailto:bodyconnectionsregina@hotmail.com">bodyconnectionsregina@hotmail.com</a>	Yes	Yes
Marisol Molina-Smith	Regina	(306) 721-9155	<a href="mailto:healthyagingadults@sasktel.net">healthyagingadults@sasktel.net</a>	Yes	Yes