If you're a professional or volunteer in recreation, parks or facilities, this is one event you will not want to miss!

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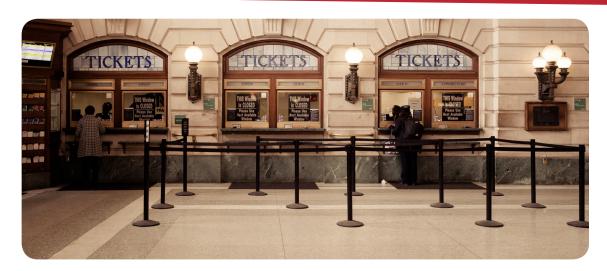
Choo choo choose to attend!



# 2019 SPRA CONFERENCE

October 16 - 19, 2019 North Battleford, Saskatchewan

















# All Aboard the Wellness Train for the 2019 SPRA Conference!

Join us October 16 - 19, 2019 to explore recreation and how it contributes to mental, physical, social, environmental and occupational wellness! You can expect educational 'training' from both local and regional sources, including speed sessions. NB Express Train tourism will be on track to our new brewery, Natural Play Space, and the Allen Sapp Gallery. Punch your ticket to the Trade Show and new Non-Profit Expo. Off the rails entertainment will showcase local talent, a murder mystery dinner and RecFest. We'll keep you off your caboose with fitness classes and fueled with delicious, nutritious fares. We've engineered a Conference to remember so choo choose to join us in North Battleford!

TIME	EVENT	LOCATION	
	THURSDAY, OCTOBER 17		
7:30 a.m 8:30 a.m.	On Track Fitness - Velocity Fitness AquaFit Class & Lane Swim	Battlefords Co-op Aquatic Centre	
10:00 a.m.	ARRIVALS: Registration/Information and Voting Desk Open Fuel-up Snack Station		
10:00 a.m.	Trade Show Open	Dekker Centre	
11:00 a.m 12:00 p.m.	Opening Remarks and Keynote Address – Kendal Netmaker		
12:00 p.m 2:15 p.m.	Delegates Networking Luncheon SPRA Round Table and Candidate Speeches		
2:15 p.m.	Trade Show Close		
	Train-ing CUplex Tours and Speed Sessions		
	A1: STARS Air Ambulance / A2: Battlefords Better Together T-Shirt Project	Northland Power Curling Centre	
2:15 p.m 5:00 p.m.	B1: Dream Brokers Program / B2: KinderKids	Battlefords Co-op Aquatic Centre	
	C1: Street Festival Fun / C2: Getting Kids Active One Community at a Time	Dekker Centre	
	D1: (Re) Shaping Our Community with Our Youth Partners / D2: Strategic Decision Making	NationsWEST Field House	
5:30 p.m.	Voting and Registration Desk Close	Dekker Centre	
6:00 p.m 8:00 p.m.	Murder Mystery Dinner 'Murder on the NB Express'	Dekker Centre	
8:00 p.m 11:00 p.m.	RecFest and Inflatable Fun with Tag'Em Entertainment	NationsWEST Field House	
8:00 p.m 11:00 p.m.	Non-Profit Expo		
6:30 a.m 7:30 a.m.	FRIDAY, OCTOBER 18	NationsWEST Field House	
6:30 a.m 7:30 a.m. 8:00 a.m.	On Track Fitness - Velocity Fitness HIIT That Beat Class  Registration/Information and Voting Desk Open	Don Ross Centre	
8:00 a.m 8:45 a.m.	Express Breakfast	Chapel Gallery	
0.00 a.m. 0.40 a.m.	Train-ing Session B (choo choose 1 session)	Griapor Gallory	
	B1: Eat Healthy Play Healthy - What Do We Know about Recreation Food Environments?		
9:00 a.m 10:15 a.m.	B2: Building Dreams Where You Live		
	B3: Mental Health - Skills to Support, Educate and Reduce Stigma		
10:15 a.m 10:30 a.m.	Snack Station Stop	Don Ross Centre	
10.10 4.111 10.00 4.111.	Train-ing Session C (choo choose 1 session)	DON NOSS CONIC	
10:30 a.m 11:45 a.m.	C1: Eat Healthy Play Healthy - Supporting Healthy Food Environments		
-	C2: Refrigeration Plant Safety and Regulations		
+	C3: Accounting 101 - Why Community Services Math Doesn't Work		
12:00 p.m 1:15 p.m.	President's Luncheon and SPRAAGM		
	Train Tourism Session:		
	Armoury Brewing Company (with snack station)		
1:15 p.m 5:00 p.m.	Allen Sapp Gallery (with snack station)		
	Natural Play Space	Centennial Park	
6:00 p.m 9:00 p.m.	SPRA Awards Gala	Oomonnan an	
9:00 p.m 1:00 a.m.	Dance with Danny & The Dusters	Don Ross Centre	
11:00 p.m.	Late Night Snack Station		
	SATURDAY, OCTOBER 19		
8:30 a.m 9:30 a.m.	Refuel Breakfast		
9:30 a.m 9:45 a.m.	2020 Conference Presentation	Dekker Centre	
9:45 a.m 10:45 a.m.	Clasing Kaynata Elizabeth Manlay		
	Closing Keynote – Elizabeth Manley		

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### WEDNESDAY, OCTOBER 16, 2019

11:00 a.m. - 4:00 p.m.

S.A.R.P. Programmers Meeting (Allen Sapp Gallery)

Join fellow Recreation Programmers as we discuss the topics and trends in recreation for 2019. To register, contact the S.A.R.P. office at 306-693-7277, or email office@sarponline.ca by October 9, 2019. Lunch cost: \$15.00

1:00 p.m. - 4:00 p.m.

**Discover Scuba (Battlefords Co-op Aquatic Centre)** 

Join us for a supervised three-hour (non-certification) session in the classroom and pool that safely introduces participants to scuba diving with a PADI Instructor. Learn about the basic skills used by all divers, equipment used and risk management practices. All necessary equipment is provided for the course - just bring a bathing suit and towel. Participants begin in shallow water before moving deeper. Step into the underwater world, it may start something serious! Saskatchewan Underwater Council personnel can bring Dive into Recreation experiences to your community recreation program. Session fee: \$45.00. Register online at www.cityofnb.ca - Leisure, Register for Classes.



6:00 p.m. - 10:00 p.m.

'North Battleford Station Social' Wine and Cheese (Dekker Centre)

Hop off your train at the NB Station - the state of the art Dekker Centre for Performing Arts - for a social with local talent, networking, wine, cheese and appetizers. Cheese, appetizers and company are included, extra charge for wine and other alcoholic beverages.



### **THURSDAY, OCTOBER 17, 2019**

#### 7:30 a.m. – 8:30 a.m.

### On Track Fitness - Velocity Fitness AquaFit Class & Lane Swim (Battlefords Co-op Aquatic Centre)

Velocity Fitness will keep you on track with an AquaFit class on Thursday morning. This class is done in chest deep water and puts a new twist on an old favorite. Incorporating cardio, toning and fun - it is the new wave in aquatic fitness! Lane swim will also be available during this time, if you'd like to do your own thing.

#### 10:00 a.m

ARRIVALS: Registration/Information Desk Opens SPRA Voting Desk Opens Fuel-up Snack Station

#### 10:00 a.m. – 2:15 p.m.

#### **Trade Show**

Punch your ticket to the Trade Show at the Dekker Centre. Come and see what businesses have to offer in products or service for the parks, recreation and culture industry. Partake in the Trade Show Train Game and win prizes!

#### 11:00 a.m. - 12:00 p.m.

### Opening Remarks and Keynote Address by Kendal Netmaker - Resilient Mindset

Join Kendal and learn the ultimate success formula to achieve your goals!

- Get inspired and motivated to achieve more than ever in the next 12 months
- · Learn how to get 'unstuck' and keep moving forward
- Discover how to know if you are making the 'right' decision for your future
- Gain deep insights on planning to win and achieving MASSIVE goals

# 12:00 p.m. – 2:15 p.m. Delegates Networking Luncheon SPRA Round Table and Candidate Speeches

Take advantage of the opportunity to discuss items of interest or concerns with the SPRA Board of Directors and staff. Listen to the Candidate Speeches to help you decide your vote for the vacant SPRA Board of Directors positions.

#### 2:15 p.m. – 5:00 p.m.

#### **Train-ing CUplex Tours and Speed Sessions**

Participants are asked to choose: one of A1 and A2, one of B1 and B2, one of C1 and C2 and one of D1 and D2. Each session will be 20 minutes.

#### A1: STARS Air Ambulance

STARS Air Ambulance's vision is EVERY LIFE IS WORTH FIGHTING FOR. It all began when a pregnant woman from a rural community died from blood loss, leaving a father alone with their newborn. For STARS founder Dr. Powell, her death was one too many. Motivated to change emergency care across rural Alberta, Dr. Powell and his colleagues created a helicopter air ambulance service that was built and supported by the community. While the faces have changed, STARS team members continue to be motivated by the passion for saving more lives and the desire to be the disruptive innovator who continues to transform the health-care system. Allies are important for STARS, so come and find out how your community can be an ally.

#### A2: Battlefords Better Together T-Shirt Project

Presenter: Deb McNabb (Family Facilitator, Bridges for Children)

T-Shirt Project is a youth vision that was established after the community suffered traumatic loss - eight deaths by suicide in seven weeks, in 2018. The losses showed the impact of intergenerational isolation. The vision of the T-Shirt Project was to help young people grow in the understanding regarding the importance of having relationships with adults who are willing to provide them with attention, guidance and support. Similarily, showing the seniors that interacting with children and youth helps them feel connected, valued and invested in the future. Youth and seniors were connected by dressing in t-shirts with fun 'Better Together' logos. Over 5,000 citizens now dress in 'Better Together' tees and look for their match every 'Together Tuesday'. Come learn about community connection, how to alleviate isolation and loneliness, and how to build healthier people and strong communities.

#### **B1 - Dream Brokers Program**

#### Presenter: Antje Rongve (North Battleford Dream Broker)

Find out all about the Dream Brokers Program - What the job of a Dream Broker entails, who the people are that Dream Brokers help and how everyday, they work to reduce barriers for children and youth in their communities.

#### **B2 - KinderKids**

### Presenters: Rob Rongve and Mark Richardson (RBC Dominion Securities)

Learn about the Class of 2030 initiative implemented by the Living Sky School Division, which is built on the premise that it takes a community to educate a child. Parents, educators, elders and community members all need to take part in ensuring students are successful in graduation. By 'adopting' local kindergarten classes, we are building relationships and providing support for the youth of the community. The plan is to stay with our 'KinderKids' until we see them cross the stage to collect their graduation certificate in 2030. We will discuss the long term goal of the program, as well as the immediate impact and success the program is having.

#### C1 – Street Festival Fun

#### Presenter: Kali Weber (NB Street Festival Producer)

NB Street Fest is Saskatchewan's ONLY international street performer's festival! Established in 2014, NB Street Fest has become a cultural institution in the Battlefords and is the largest event in downtown North Battleford! Six years later, NB Street Fest has over 5,000 people attend the festival from all over Saskatchewan and beyond! NB Street Fest is a free community event that is organized entirely by volunteers. Kali Weber will talk about the positive impact NB Street Fest has had in the Battlefords and the importance of arts and cultural growth in our community and province.

### **C2 – Getting Kids Active One Community at a Time**Presenter: Marnie Sinclair (Saskatchewan *in motion*)

Saskatchewan *in motion* uses a 5 step Community Action Process that uncovers and uses the strengths within communities to bring sustainable behaviour changes. It gets people thinking beyond the traditional – facilities, parks and programs – to changes that make it safer and easier for kids and families to be active. We will discuss the mobilization process, working in collaboration and partnership, building municipal relationships and community and youth engagement.

### **D1 – (Re) Shaping our Community with Our Youth Partners**Presenter: Renee Sperling (Battlefords Youth Network)

The Battlefords Youth Network is a grassroots collective of over 45 youth serving and youth engaged organizations in the Battlefords and area. Priority areas include: service provision in collaboration with other groups; incorporating youth voice, consultation and decision making in our organizations and community as a whole; celebrating youth accomplishments; moving from deficit to a strengths based focus in the work with youth in the community and advocacy, as needed. The Battlefords Youth Network is proud of the work the Youth Engagement Initiative has done in these priority areas and have successfully launched two rounds of community based surveys in collaboration with the Students Commission of Canada, hosted an interactive Forum, and have a dedicated team of Adult Allies to serve as support and mentors, hosted a number of Youth Conversations that have covered topics including community safety, peer relationships, activity ideas, racism, addictions and substance use, mental health and their perception of our community.

#### D2 - Strategic Decision Making

#### Presenter: John Enns-Wind (Chief Administrative Officer - Battleford)

The objective of the session is to make good strategic decisions based on a sound understanding of an issue/plan through the use of mind-mapping. Strategic thinking is a method facilitating how we think, assess, view and create a future - with the focus on the future. Strategic thinking is about moving away from 'ad hoc' decision making that is biased towards the present, towards disciplined community centered thinking that is future oriented yet sensitive to the present. Mind-mapping is a tool to visualize the strategic plan.

### 5:30 p.m. Voting and Registration Desk Close

#### 6:00 p.m. – 8:00 p.m.

#### Murder Mystery Dinner 'Murder on the NB Express'

It's a classic whodunit! There's been a murder on the NB Express and you have to find out who is responsible! This interactive dinner will test your sleuth skills, pique your interest and keep you guessing to the end. Paired with delicious fares, you'll be glad you got on board!

#### 8:00 p.m. - 11:00 p.m.

#### RecFest and Inflatable Fun with Tag'Em Entertainment

Inflate your fun with Tag'Em Entertainment! Enjoy inflatables like axe throwing and ninja warrior dome, arcade games, drinks, snacks and FUN! Play giant games, test your skills and lounge in the LED furniture lounge! Proudly sponsored by Tag'Em Entertainment.

#### 8:00 p.m. - 11:00 p.m. Non-Profit Expo

The Non-Profit and Sport Association EXPO will also take place during RecFest - so be sure to see what services are offered in their sectors. The EXPO Express game will reward you with prizes for participating!

#### FRIDAY, OCTOBER 18, 2019

#### 6:30 a.m. - 7:30 a.m.

### On Track Fitness - Velocity Fitness HIIT That Beat Class (NationsWEST Field House)

Get off your caboose and get to the Velocity Fitness HIIT that Beat class. All you need is a little bit of rhythm and a whole lotta hustle for this class that hits the beat of high intensity music - to set the pace and maximize gains. Combining cardio, strength and calculated combos, this class is cutting edge... and calories! The Field House Track will also be open during this time, if you'd like to stay on track that way.

#### 8:00 a.m.

Registration/Information Desk Open SPRA Voting Desk Open

8:00 a.m. – 8:45 a.m. Express Breakfast (Chapel Gallery)

### 9:00 a.m. - 10:15 a.m. TRAIN-ING SESSION B

### B1 – Eat Healthy Play Healthy - What Do We Know about Recreation Food Environments?

#### Presenters: Melanie Baumann, Melanie Warken and Tracy Sanden

The Eat Healthy Play Healthy Initiative was formed to support healthy food environments in recreation settings. Research shows that food environments highly influence individual food decisions. How food is served and sold, as well as how food is priced, placed and marketed all contributes to the food environment. The session will review new information collected from Saskatchewan recreation settings and provide a foundation to change current practices, so we can better support consumers in their purchasing habits, health and performance outcomes. This session is an opportunity for recreation practitioners to learn about supportive food environments and lead the change here in Saskatchewan.

#### **B2 – Building Dreams Where You Live**

#### Presenter: Robert Letts (Chairman of the Optimist Hill Campaign)

Discover how the Optimist Club of Saskatoon, as a small service group, had a vision to leave a legacy in the City of Saskatoon for generations to come. Their vision statement is to become friends of youth and encourage families to get active with healthy lifestyles during our winter months. The presentation will discuss the vision, dreams and implementation issues involved in making a dream a reality and the challenges and pitfalls encountered along the way.

### B3 – Mental Health - Skills to Support, Educate and Reduce Stigma

#### Presenter: Lisa Chapman (Saskatchewan Health Authority)

Mental health is part of everyday life, though we often experience fear of making things worse, or not being able to find help when faced with it. This session will provide an overview of the benefits of having mental health skills, not only as professionals, but throughout life. Mental Health First Aid, an evidence based program which builds mental health literacy, decreases stigmatizing attitudes and helps individuals identify, understand and respond to signs of mental illness, will be discussed. The session will also provide tips and options for seeking appropriate supports and resources.

10:15 a.m. – 10:30 a.m. Snack Station Stop

10:30 a.m. – 11:45 a.m.

TRAIN-ING SESSION C

### C1 – Eat Healthy Play Healthy - Supporting Healthy Food Environments

Presenters: Stacev Wiens. Melanie Warken and Panelists

This session will highlight new resources that recreation practitioners can use to make practical and sustainable changes to create and support healthy food environments in Saskatchewan recreation settings. These changes can range from food and beverage offerings to pricing, placement and marketing. Panelists will share their experiences, including successes, challenges and opportunities with making changes to support healthy food environments. The goal in this session is to leave recreation practitioners feeling empowered to initiate changes to their current practices for the benefit of children, families and their communities.

#### C2 - Refrigeration Plant Safety and Regulations

Presenter: Chris Selinger (Technical Safety Authority of Saskatchewan)

This session will review factors that led to the incident in Fernie, BC. The session will also examine aspects of refrigeration plant safety. TSASK is the provincial regulatory body for the operation of refrigeration plants in Saskatchewan. Arena owners/operators need to know what is required to keep their refrigeration plants operating safely and what changes may be coming in the future. Refrigeration plant safety is a priority.

### C3 – Accounting 101 - Why Community Services Math Doesn't Work

Presenter: Steve Brown (City of North Battleford)

The presentation will cover some key facts of municipal accounting operations - from budgets and financial reporting to organizational internal controls. Materials will be provided from two perspectives - one from a financial perspective and one from a recreational staff perspective. Learn the dos and don'ts of accounting in a municipality and why accountants are always insisting on balancing everything!

#### 12:00 p.m. - 1:15 p.m. President's Luncheon a

#### President's Luncheon and AGM

Join SPRA President and special guests as they reflect upon the past year and discuss the exciting opportunities awaiting the recreation and parks sector. The Annual General Meeting (AGM) will take place during the lunch hour.

#### 1:15 p.m. – 5:00 p.m.

#### TRAIN TOURISM SESSION

#### **Armoury Brewing Company (with snack station)**

Brand new to the Battlefords is the Armoury Brewing Company! Located in the historic 100 year old Colonel W.D. Otter Armoury building, it was home to Battlefords Trade and Education Centre. The organization has since relocated and the building was transformed into the masterpiece it is today. The brewery tour begins at the back door - for an authentic behind the scenes look at how the brews are brewed. It ends in the tasting room - where tasty treats are poured. Enjoy some suds with your buds, as well as a snack station.

#### Allen Sapp Gallery (with snack station)

The only remaining Carnegie Library in Saskatchewan is home to the renowned Allen Sapp Gallery and the Gonor Collection. Allen Sapp was a Saskatchewan Cree painter who told his stories through his art. Take an interactive tour through history with Allen's pieces, elders demonstrating cultural traditions and authentic cuisine with a contemporary twist.

#### **Natural Play Space (Centennial Park)**

Constructed in 2018, this one of a kind natural play space is located in Centennial Park, a 90 acre park in the centre of the City of North Battleford that includes numerous ball diamonds, soccer pitches, tennis courts, a skate park, a spray park and a disc golf course. Hear about the journey of bringing this natural play space from dream to reality and experience the fruits of the efforts. Enjoy disc golf with Battlefords Disc Golf Club, who will be on hand to teach you some new skills.

#### 6:00 p.m. – 9:00 p.m. SPRA Awards Gala

Dress in your best for this formal event and walk the red carpet to the SPRA Awards Gala. The Gala includes entertainment and presentation of the SPRA and Communities in Bloom Awards. Cocktails are at 6:00 p.m., followed by supper at 6:30 p.m. and the Awards presentations at 7:30 p.m.

9:00 p.m. – 1:00 a.m.

#### **Dance with Danny & The Dusters**

Kick off your shoes and kick up some dust with Danny & the Dusters! Playing your favorite hits, its sure to be 4 hours of fun!

11:00 p.m. Late Night Snack Station

#### **SATURDAY, OCTOBER 19, 2019**

8:30 a.m. – 9:30 a.m. Refuel Breakfast

9:30 a.m. – 9:45 a.m. 2020 Conference Presentation

#### 9:45 a.m. – 10:45 a.m.

Closing Keynote Address by Elizabeth Manley
Striving for a Healthier You: Fit, Healthier and Happier Than Ever!

Olympic Figure Skating Champion Elizabeth Manley has overcome numerous obstacles on her road to success. In her honest and uplifting style, Manley speaks about some of her many challenges, demonstrating how her positive attitude and perseverance have helped her come out on top. Having come back from depression to win an Olympic Medal, Manley speaks out on her struggles with depression and how she came back from it. She outlines the stigma of mental illness and talks about dealing with it and helping others. Post Olympics, Manley shares her experiences with losing loved ones to many of today's diseases. She speaks about her experience with losing her mother to Ovarian Cancer and her father to Alzheimer's. She opens her heart and talks candidly about taking on the role as caregiver.

Like many people, Manley had a long struggle with weight issues. She presents on when and why her struggle with her weight began, her associated health challenges, as well as the social stigma associated with being overweight (especially for an Olympian). Although it's an everyday challenge, Manley's presentation ends with discussing how she deals with these obstacles in her way to become more fit, healthier and happier than ever!

10:45 a.m. - 11:00 a.m.

#### **DEPARTURES: Closing Remarks and Prize Draws**

I hope your ride on the Wellness Train has taken you to places you've never seen and has given you new information and resources to make your communities happier and healthier!







#### KENDAL NETMAKER

Founder and CEO of Neechie Gear, Kendal Netmaker, grew up on Sweetgrass First Nation, Saskatchewan. He was single-parented, came from a low-income family and had little opportunity to be involved in any extra-curricular activities as a youth.

It wasn't until in elementary school that he had met a life-long friend from South Africa who literally changed his life forever. His friend noticed Kendal was skilled in soccer and wondered why he wasn't playing on the same sports teams that he was playing on. Kendal had told his friend that he had no way of paying the registration fees and had no means of traveling to and from the games/practices.



Soon after, his South African friend pulled him aside and said, "Kendal, I told my parents what you told me and they want to pay for your fee to play on my soccer team and we can even drive you to the reserve after all games/practices". Kendal was astounded that someone so kind would do this for him and accepted the opportunity. This allowed Kendal to be part of many sports teams and to continue with his education. This family eventually gave Kendal's family a running vehicle, which enabled him and his sisters to become involved in sports that carried them through high school and into university. Kendal has been part of, and witnessed what sports can do for youth by developing elite athletes and future leaders!

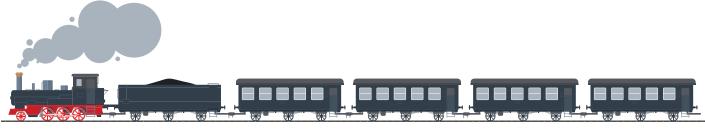
Without his friend's help, Kendal wouldn't have landed a college volleyball scholarship after graduating high school, finished university and created an award-winning company! Today, Neechie Gear is committed to giving a portion of proceeds to help underprivileged kids to play sports! Together, we can change many lives through sports!

#### ELIZABETH MANLEY

Olympic Figure Skater and World Silver Medalist boasting more than 30 years in both amateur and professional figure skating, Elizabeth Manley has participated in two Olympic Games (where she won the 1988 silver medal and became the Olympic freestyle champion), six World Championships and has won three National Titles. Reliving her incredible journey for audiences, Manley gives a behind-the-scenes glimpse into what it takes to make it to the top and speaks with honesty about the importance of mental health and surviving the loss of her parents.

Since her retirement from amateur competition, Elizabeth has become a producer of the charity event Elizabeth Manley and Friends for Mental Health and regularly works with the Canadian Mental Health Association. Elizabeth has spoken to more than 75 schools on the importance of Mental Health, Bullying and Teen Suicide.







#### **CONFERENCE VENUES**

#### **Credit Union CUplex**

- 1. Dekker Centre
- 2. Northland Power Curling Centre
- 3. NationsWEST Field House
- Battlefords Co-op Aquatic Centre
   Carlton Trail
   North Battleford

#### **Don Ross Centre**

891-99<sup>th</sup> Street North Battleford

#### **Allen Sapp Gallery**

#1 Railway Avenue, East North Battleford

#### **ACCOMMODATIONS**

A block of rooms has been held at the following hotels:

Gold Eagle Lodge (12004 Railway Avenue E, North Battleford, SK)

Block Reference: SPRA 2019 Book by phone: 1-866-446-8877 Group Rate: \$135/night plus taxes/fees Reserve by: September 19, 2019 www.goldeaglelodge.com

Comfort Inn and Suites (610 Carlton Trail, North Battleford, SK)

Block Reference: City of NB Book by phone: 306-445-3678

Group Rate: \$135/night plus taxes/fees

Reserve by: October 1, 2019

Tropical Inn (1001 - Highway #16 Bypass, North Battleford, SK)

Block Reference: Sask Parks & Rec Book by phone: 306-446-4700

Group Rate: \$85/night single plus taxes/fees

\$99/night double plus taxes/fees Reserve by: September 23, 2019 www.tropicalinns.com/northbattleford

All individuals are responsible for booking and paying for their own accommodations.

# STUDENT ASSISTANCE PROGRAM

Eligible students are entitled to receive financial assistance in the amount of 75% of the Student Conference Registration Fee. Visit the SPRA website at <a href="https://www.spra.sk.ca/conference">www.spra.sk.ca/conference</a> for eligibility criteria and to access the application form.

### SPONSOR A STUDENT

SPRA encourages recreation professionals and delegates to sponsor a student to attend the SPRA Conference. If you are interested in sponsoring a student, check the appropriate box on the Conference Registration Form and include the \$135 with your Conference fees. You will be contacted prior to the Conference and matched with a student.

#### REGISTRATION

There are two options to register:

- 1. Online by visiting www.spra.sk.ca/conference.
- By completing the enclosed Registration Form and returning it to SPRA: 100 -1445 Park Street Regina, SK S4N 4C5

Don't forget to include your cheque, made payable to SPRA.

For additional information, contact SPRA at 1-800-563-2555, or email thanna@spra.sk.ca.



Keynote Elizabeth Manley (October 19)

**OTAL** 

## SPRA CONFERENCE REGISTRATION FORM

Complete this registration form and return it to SPRA with payment by cheque (payable to SPRA) SPRA, 100 - 1445 Park Street, Regina, SK S4N 4C5

Or register online at www.spra.sk.ca/conference. \*Please note, payments by PayPal and cheque are accepted.

Name:Organization/Community:						
Address:	City\Town:	Province/Ter	ritory:	Postal Code:		
Phone:	Fax:	Email:				
Dietary Restrictions: Ple	ease indicate:					
<ul> <li>Registrations will not be</li> <li>100% refund if written nafter September 30, 201</li> <li>Onsite refunds will NOT</li> </ul>	s all Conference sessions, meals, socials and the processed until payment is received.  otice of cancellation received before September 19.  be provided.	r 30, 2019. 50% refund if writter	notice of	cancellation received		
for the purposes of promoting television, internet and other	SPRA Conference, you grant SPRA, and its assorting and/or advertising the benefits of recreation powise, all without payment of any fee or consider	rograms and events in any and ration to yourself.	all forms o	of advertising, including prin		
FULL CONFERENC	E REGISTRATION ON OR BEFOR			•		
		Cost (includes GST)	Sub	total		
SPRA Member		\$275.00				
☐ Non-member		\$300.00				
Student		\$135.00				
· · · · · ·	vould like to sponsor a student	\$135.00				
FULL CONFERENC	E REGISTRATION AFTER SEPTE	MBER 30, 2019				
All Registrations		\$300.00				
Student		\$135.00				
PRE-CONFERENCE	E (October 16, 2019)					
S.A.R.P. Programmers	Meeting	\$15.00 for lunch	306-	act S.A.R.P. at 693-7277, or email e@sarponline.ca		
□ Discover Scuba		\$45.00		ster at www.cityofnb.ca - ure, Register for Classes		
'North Battleford Station	n Social' Wine and Cheese	No cost				
ADDITIONAL EVEN	T TICKETS					
	ber 17) - includes all daily meals and activities	\$155.00				
, ,	ber 18) - includes all daily meals and activities	\$155.00				
☐ President's Luncheon (	•	\$25.00				
□ SPRA Awards Gala (Od	,	\$60.00				
Keynote Kendal Netma	<u>'</u>	\$20.00				

\$20.00

#### SESSION SELECTION

Please note that there are registration limits for certain sessions. Register early to ensure a spot in the session of your choice. Should registration already be full for one of your requests, you will be contacted and asked for an alternative choice.

TIME	requests, you will be contacted and asked for an alternative choice. <b>EVENT</b>	SELECTION
THURSDAY, OCTOBER 17		
	On Track Fitness - Velocity Fitness AquaFit Class & Lane	
7:30 a.m. – 8:30 a.m.	Swim	
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2:15 p.m 5:00 p.m.	A1: STARS Air Ambulance / A2: Battlefords Better Together	
select one from A1 and A2,	B1: Dream Brokers Program / B2: KinderKids	
select one from B1 and B2, select one from C1 and C2 select one from D1 and D2	C1: Street Festival Fun / C2: Getting Kids Active One Community at a Time	
Select one from D1 and D2	D1: (Re) Shaping Our Community with Our Youth Partners / D2: Strategic Decision Making	
6:00 p.m. – 8:00 p.m.	Murder Mystery Dinner 'Murder on the NB Express'	
8:00 p.m. – 11:00 p.m.	RecFest Inflatable Fun with Tag'Em Entertainment	
8:00 p.m. – 11:00 p.m.	Non-Profit Expo	
FRIDAY, OCTOBER 18		
6:30 a.m. – 7:30 a.m.	On Track Fitness - Velocity Fitness HIIT that Beat Class	
8:00 a.m. – 8:45 a.m.	Express Breakfast	
	Train-ing Session B (choo choo choose 1 session)	
9:00 a.m. – 10:15 a.m.	B1: Eat Healthy Play Healthy - What Do We Know about Recreation Food Environments?	
Choo choo choose i session	B2: Building Dreams Where You Live	
	B3: Mental Health - Skills to Support, Educate and Reduce Stigma	
	Train-ing Session C (choo choo choose 1 session)	
10:30 a.m. – 11:45 a.m.	C1: Eat Healthy Play Healthy - Supporting Healthy Food Environments	
choo choo choose 1 session	C2: Refrigeration Plant Safety and Regulations	
	C3: Accounting 101 - Why Community Services Math Doesn't Work	
12:00 p.m. – 1:15 p.m.	President's Luncheon and SPRA AGM	
1:15 p.m. – 5:00 p.m.	Train Tourism Session Armoury Brewing Company Allen Sapp Gallery Natural Play Space	
6:00 p.m. – 9:00 p.m.	SPRA Awards Gala - Cocktails, Dinner and Presentations	
9:00 p.m. – 1:00 a.m.	Dance with Danny & The Dusters	
SATURDAY, OCTOBER 19		
8:30 a.m. – 9:30 a.m.	Refuel Breakfast	
9:45 a.m. – 10:45 a.m.	Closing Keynote – Elizabeth Manley	

In order for us to contact you via electronic means, please check the appropriate box below advising us whether or not you wish to continue to receive information from the Saskatchewan Parks and Recreation Association electronically.

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I hereby consent to the Saskatchewan Parks and Recreation Association sending me emails, newsletters, invitations,	event notices,
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from receiving such materials at any time.	

2. No I do not wish to receive electronic communications from the Saskatchewan Parks and Recreation Association.