

SaskFit Agreement and Release of Liability

1. In consideration of being allowed to participate in the activities and programs of the Saskatchewan Parks and Recreation Association's (SPRA) Annual SaskFit Conference and the use of host facilities, equipment and services, in addition to the payment of any fee or charge, I do hereby forever waive, release and discharge SPRA and its officers, agents, employees, representatives, executors and all others acting on their behalf from any and all claims or
1. liabilities for injuries or damages to my person and/or property, including those caused by negligence or omission of any of those mentioned or others acting on their behalf, arising out of or connected with my participation in any activities, programs or services at SaskFit or the use of any equipment at any site, including home, provided by and/or recommended at SaskFit.
2. I understand and am aware that strength, flexibility and aerobic exercise, including the use of equipment, are potentially hazardous activities. I understand and am aware that fitness activities involve risk of injury, including but not limited to bodily injuries, heart attack, stroke and even death, and I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury and death.
3. I acknowledge that I do not have any physical limitations, medical ailments, physical or cognitive disabilities that would prevent my participation in SaskFit and the use of equipment or machinery. I acknowledge that I have either had a physical examination and been given my physician's permission to participate, or that I have decided to participate in activity and use of equipment and machinery without approval of my physician and do hereby assume all responsibility for my participation and activities utilization of equipment and machinery.
4. I understand that I may be videotaped, audio recorded and photographed during the conference and I grant SPRA permission to use the images.
5. I understand that I will not be permitted to participate in SaskFit unless I have signed the Agreement and Release of Liability waiver.

I have read and understand the Agreement, and am aware that by registering for SaskFit, I am waiving certain legal rights which I or my heirs, next of kin, executors, administrators and assigns may have against the release(s).