



**New Fitness Leader Certification Form**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_(h) \_\_\_\_\_(w) \_\_\_\_\_(c)

**Voluntary Self Declaration:**

Are you of Indigenous decent?  Yes  No  I prefer not to disclose

I am between the ages of:  18 - 29  30 - 39  40 - 49  50 - 59  60 - 69  70+

What other certifications do you hold?  YMCA  CanFitPro  CFES  CSEP (CEP or CPT)  Bellyfit  
 Blender Ball  BTS  CALA  NIA  NSCA  Pilates  TRX  Urban Poling  WaterART  Yoga  
 Zumba  Forever...*in motion*  Other: \_\_\_\_\_

Please describe the type of classes you lead: \_\_\_\_\_ Number of Participants: \_\_\_\_\_

Canadian Anti-Spam Legislation (CASL) prohibits us from contacting you electronically without your consent. In order to keep you informed with program updates, newsletters, invitations, event notices, notifications, and any other material via email, text, social media, and/or other electronic means, the **Saskatchewan Parks and Recreation Association (SPRA) requires your consent.**

**Please select one of the following:**

**Yes**  I consent to receive electronic communications from the Saskatchewan Parks and Recreation Association. I understand that I can unsubscribe from receiving such materials at any time.

**No**  I do not want to receive electronic communications from the Saskatchewan Parks and Recreation Association.

**Please ensure the following documents and fees are sent in at the same time:**

- A copy of your Practical Evaluation signed and completed by an SPRA Course Conductor.
- A copy of your Lesson Plan used for the Practical Evaluation
- A copy of your CPR (minimum Level A) and Standard First Aid certificate(s). Must be current and within two years of the issue date. Note: Blended learning courses are accepted for new Fitness Leaders.
- Certification fee of:
  - \$95.00 - Yearly certification (from January 1 to December 31)
  - \$70.00 - Partial year certification (from July 1 to December 31)
  - \$50.00 - Partial year certification (from October 1 to December 31)

**Payment Type:**  Credit Card  Cheque (payable to Saskatchewan Parks and Recreation Association)

By signing this form, you are giving SPRA permission to provide your contact information to organizations or individuals looking for SPRA-Certified Fitness Leaders in the province of Saskatchewan.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Upon receipt of the above information and fees, your Certification will be effective until December 31. Forms can be mailed to our office or emailed to [fitness@spra.sk.ca](mailto:fitness@spra.sk.ca). If you have any questions, or wish to pay by credit card, please contact SPRA Fitness toll free at 1-800-563-2555. Once your application has been processed, a certificate will be emailed to you.