



GMP Fitness® Professional and Elite Certification Programs

**SPRA Leaders get 40% off these GMP Fitness Certification CEC Courses.
Use code gmppra40**

[Agility Balance Coordination Fitness Training Specialist Certification](#) – 12 CECs
[Balance and Fall Prevention Specialist Certification](#) - 12 CECs
[Core Fit Corrective Exercise Specialist Certification](#) - 12 CECs
[Balance Progressions Training Specialist Certification](#) - 12 CECs
[Flexibility Injury Prevention Specialist Certification](#) - 12 CECs
[Muscular Performance Self-Therapy Specialist Certification](#) - 12 CECs
[Longevity Wellness Coaching Specialist Certification Online Course](#) - 12 CECs

**SPRA Leaders get 10% off these GMP Fitness Certification CEC Courses.
Use code gmppra10**

[Back Injury Prevention Specialist](#) - 12 CECs
[Carpal Tunnel Exercise Specialist](#) - 10 CECs
[Core Training Specialist](#) - 12 CECs
[Cycling Injury Prevention Specialist](#) - 8 CECs
[Flexibility and Stretching Training Specialist](#) - 12 CECs
[Knee Injury Prevention Specialist](#) - 12 CECs
[Longevity Wellness Specialist](#) - 12 CECs
[Lower Body Stability Ball Specialist](#) - 8 CECs
[Running Injury Prevention Specialist](#) - 8 CECs
[Spinal Health Connection Specialist](#) - 12 CECs
[Posture Analysis Specialist Certification Online Course](#) - 12 CECs

Other courses

[Nutrition, Health, and Wellness courses](#) – various CECs