



## **GMP Fitness® Professional and Elite Certification Programs**

**SPRA Leaders get 40% off these GMP Fitness Certification CEC Courses.  
Use code gmpsra40**

[Agility Balance Coordination Fitness Training Specialist Certification](#) – 12 CECs  
[Balance and Fall Prevention Specialist Certification](#) - 12 CECs  
[Core Fit Corrective Exercise Specialist Certification](#) - 12 CECs  
[Balance Progressions Training Specialist Certification](#) - 12 CECs  
[Flexibility Injury Prevention Specialist Certification](#) - 12 CECs  
[Muscular Performance Self-Therapy Specialist Certification](#) - 12 CECs  
[Longevity Wellness Coaching Specialist Certification Online Course](#) - 12 CECs

**SPRA Leaders get 10% off these GMP Fitness Certification CEC Courses.  
Use code gmpsra10**

[Back Injury Prevention Specialist](#) - 12 CECs  
[Carpal Tunnel Exercise Specialist](#) - 10 CECs  
[Core Training Specialist](#) - 12 CECs  
[Cycling Injury Prevention Specialist](#) - 8 CECs  
[Flexibility and Stretching Training Specialist](#) - 12 CECs  
[Knee Injury Prevention Specialist](#) - 12 CECs  
[Longevity Wellness Specialist](#) - 12 CECs  
[Lower Body Stability Ball Specialist](#) - 8 CECs  
[Running Injury Prevention Specialist](#) - 8 CECs  
[Spinal Health Connection Specialist](#) - 12CECs  
[Posture Analysis Specialist Certification Online Course](#) - 12 CECs

### **Other courses**

[Nutrition, Health, and Wellness courses](#) – various CECs