

HIGH FIVE® Pricing 2024



Course Name	Delivery Format	Course Length	Price per Participant Registered Organization (+GST)	Price per Participant Non-Registered Organization (+GST)	Workshop Facilitator Fee (+ Trainer Travel Costs)
Principles of Healthy Child Development (PHCD) Includes access to four (4) supplemental modules: <ul style="list-style-type: none"> • <i>Healthy Minds for Healthy Children</i> • <i>Communicating with Empathy</i> • <i>Introduction to Conflict Resolution</i> • <i>Planning Quality Programs</i> 	In-Person or Virtual-Live	4 hours	\$47	\$57	\$280
PHCD QUEST 2	In-Person	7 hours	\$84	\$100	\$340
PHCD QUEST 2	Virtual, Hybrid	4 hours	\$132		N/A
PHCD QUEST 1	Virtual, On-Demand	2 hours	\$150 Online Tool + \$150 Product (optional)		N/A
HIGH FIVE® Sport	In-Person	5 hours	\$38	\$48	\$300
HIGH FIVE® Sport Includes access to five (5) supplemental modules: <ul style="list-style-type: none"> • <i>Healthy Minds for Healthy Children</i> • <i>Engaging Girls Aged 9 to 15</i> • <i>Women 55+ in Sport</i> • <i>Postnatal Mothers Return to Sport</i> • <i>Intersecting Identities</i> 	Virtual, On-Demand	4 hours	\$60		N/A
Strengthening Children’s Mental Health (SCMH)	In-Person	7 hours	\$38	\$48	\$340
Principles of Healthy Aging (PHA)	In-Person	4 hours or 7 hours	\$48	\$58	\$340
PHA QUEST 2 (online)	Virtual, On-Demand	2 hours	\$65		N/A
PHA QUEST 1 (online)	Virtual, On-Demand	2 hours	\$150 Online Tool + \$150 Product (optional)		N/A

In-Person: at a training location with a group of learners and HIGH FIVE® Trainer

Virtual-Live: synchronous online learning facilitated by a HIGH FIVE® Trainer over Zoom or similar online platform

Virtual-On Demand: asynchronous online learning without a live HIGH FIVE® Trainer

Virtual-Hybrid: combination of in-person, virtual, and/or on-demand learning