



SPRA



Trainer
Facilitate Leadership Coach Workshop
Facilitate Youth Leader Workshop



Leadership Coach
Facilitate Youth Leader Workshop
Support Youth Leaders in Programming



Youth Leaders
Deliver Programming to Participants



Participants

Take the Lead!®
Delivery Model



Take the Lead!® Workshop Details

Take the Lead!® Trainer

This workshop is designed to provide individuals with the knowledge and skills to facilitate the Take the Lead!® Leadership Coach and Youth Leader workshops. Using the Take the Lead!® resources, tips and techniques, a Take the Lead!® Trainer will be an advocate for the program across the Province. Trainers will learn how to coordinate activities and provide tips and resources aligned with the Take the Lead!® model to enhance the Leadership Coach’s understanding. Trainer’s facilitation skills will be supported and enhanced through mentoring and peer feedback. There will be some preparation needed before the workshop for successful applicants.

Primary Audience	Length of Training	Mode of Training	# of Participants
Advocates of Take the Lead!®	2 days	Facilitated classroom setting	Maximum of 10

Take the Lead!® Leadership Coach

This workshop is designed to provide individuals with the knowledge and skills to facilitate the Take the Lead!® Youth Leader workshop. Using the Take the Lead!® resources, a Take the Lead!® Leadership Coach will be the front line leader of the program, providing a fun and energetic workshop to engage youth to become leaders in their schools and communities. More than the ability to provide training to Youth Leaders, the Leadership Coach provides support to the Youth Leaders throughout the implementation of the program. This adult Leadership Coach acts as role model demonstrating leadership characteristics to the youth participating in this program.

Primary Audience	Length of Training	Mode of Training	# of Participants
Adult Volunteers	1 day	Facilitated classroom setting with break out activities	Minimum of 10 Maximum of 20

Take the Lead!® Youth Leader

This workshop is designed to provide resources and training to youth who are interested in becoming Take the Lead!® Youth Leaders in their school and/or community organization. The workshop fosters leadership skills through concepts such as safe and active play, responsibility and respect for others and property, cooperation and team building. It provides opportunities for youth to take responsibility for making positive contributions in their school and community, thus allowing youth to make the positive personal choices to pursue active lifestyles. The Take the Lead!® Youth Leader training provides the optimal learning environment as the leaders ‘learn by doing.’

Primary Audience	Length of Training	Mode of Training	# of Participants
Youth Participants (Ages 11 – 14)	1 day	Facilitated classroom setting with break out activities	N/A

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